

# REPORT TO GOVERNOR MARTIN

As a supplement to the thirteenth biennial report of the Department of Welfare, I submit herewith a pictorial report of the twenty-one mental institutions operated or supervised by the Department.

Because of accentuation in the news during recent months of operational incidents in some of these institutions, it is important that public officials, civic groups, and the citizens as a whole become acquainted with the problems which exist, what is being done to cope immediately with them, and what future plans are at hand for improvement and development of the system generally.

This presentation has been compiled in a graphic form to aid in accomplishing that purpose, and to lift the curtain of popular misconception which unfortunately long has existed with regard to mental institutions, not only in our own Commonwealth, but everywhere.

No effort has been made here to conceal or minimize bad conditions which regrettably and admittedly exist, nor has any disproportionate stress been placed upon the magnificent achievements that have been made in the face of inadequate funds, facilities, personnel, and war-time controls.

Before World War II the demand for psychiatric treatment was rising. Medical educational institutions, the medical profession, State and local government were not meeting the current demand for training, care or prevention services.

There is now a shortage of psychiatrists, nurses and technical personnel. Existing hospitals are now overcrowded. Buildings and equipment are inadequate. The industrial system and the educational system are in urgent need of psychiatric guidance to avoid cumulating industrial and mental casualties: a needless waste of men and the productive facilities of our Nation.

The emergency must be overcome. The future must be met.

The mental institutions of Pennsylvania belong to the people, and are, in the final analysis, the responsibility of the people. Therefore, it is fitting that the fullest information be made available to the people, for full, free, and public discussion of their operation and the development of their services. With that in mind, the following pages have been prepared in the interest of public enlightenment.

Very sincerely,

Secretary of Welfare.



# ALLENTOWN STATE HOSPITAL FROM THE AIR

# ALLENTOWN STATE HOSPITAL

LEHIGH COUNTY

This institution, overcrowded only 3 per cent, is an illustration of the manner in which lack of crowding promotes efficiency of operation.

With 1909 beds, its population is 1966, with 487 on parole. The staff consists of six doctors, including the superintendent.

One hundred and two of the patients are children, and school facilities are maintained.

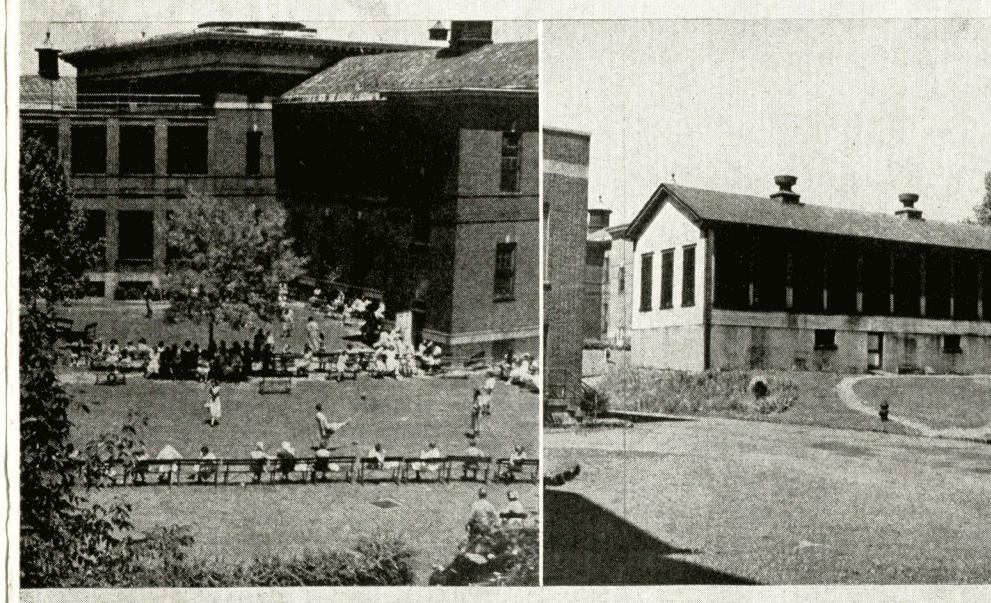
Hydrotherapy facilities are especially efficient here, with 43 special tubs with automatic temperature controls distributed among ten buildings, precluding the need to move patients from one building to another for treatment. A total of 290,457 hours of this treatment was administered during the year ending May 31.

Six occupational therapy workers are under supervision of a head worker who has held that position since 1925. Five attend-

It Looks Good, But —



BEAUTIFUL ENTRANCE AND GROUNDS





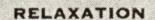
OUTDOOR AREA

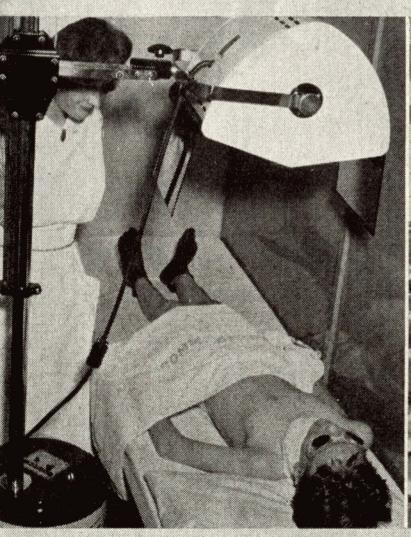
OBSOLETE COTTAGE

CHILDREN'S PLAYGROUND

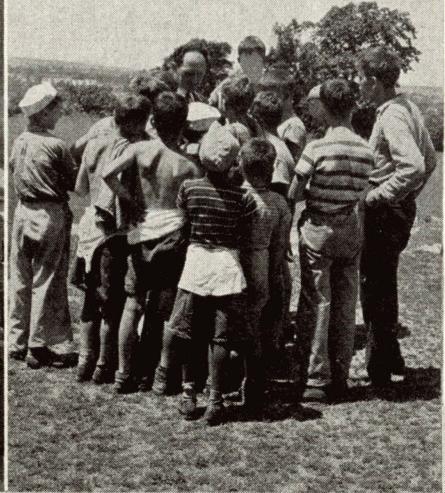


HYDROTHERAPY









ULTRAVIOLET

**EDUCATION** 

RECREATION

# ALLENTOWN

STATE HOSPITAL

LEHIGH COUNTY

ants in the service of the hospital have been employed from 20 to 27 years.

Pre-medical students from Lehigh and Lafayette receive instruction from a staff member.

Housing for physicians presently is inadequate, while nurses' housing facilities are being enlarged.

Food costs during the year ending May 1 were \$248,200.01. The basic minimum ration is 74.61 ounces. In 1944-45, a daily average of 73.24 ounces, and in 1945-46, a daily average of 69.54, were maintained.

In the past biennium, the laundry handled 2,948,364 pounds of work, averaging 105 pounds per person per month.

The hospital represents an investment of \$6,728,943.32. Cost of operation for the past year was \$744,438.08.

Treatment for Body and Mind

# PHILADELPHIA

STATE HOSPITAL

PHILADELPHIA COUNTY

Like any small city of 6000-plus, the Philadelphia State Hospital—at Byberry—has its good and its bad sectors. Any mental institution has its slums and its Rittenhouse Squares, abutting together within its gates.

The Philadelphia State Hospital is the largest in Pennsylvania—indeed, like the city of Philadelphia among municipalities, it is, among mental institutions, a metropolis.

Byberry was taken over by the Commonwealth from the county of Philadelphia on October 15, 1938. It was then in such a state of deterioration that it has necessitated the expenditure of approximately \$8,000,000 by the Commonwealth since that time. This, however, has accomplished nothing but the most acutely necessary repair, replacement, and expansion. Nevertheless, a number of the most up-to-the-minute buildings and

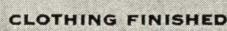
Some New Construction



TWO UP-ANOTHER COMING

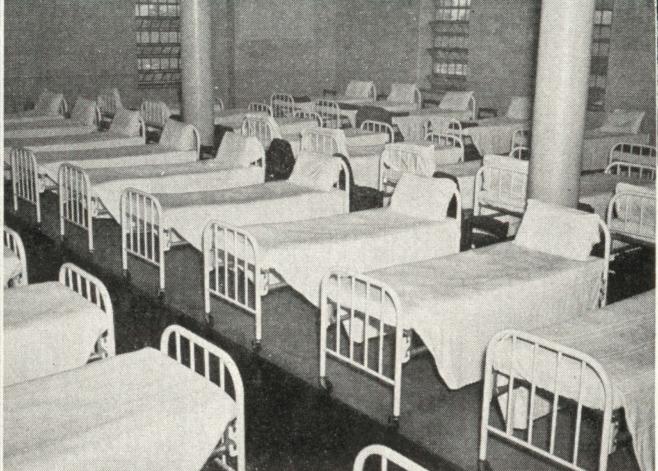


MAKING CLOTHING

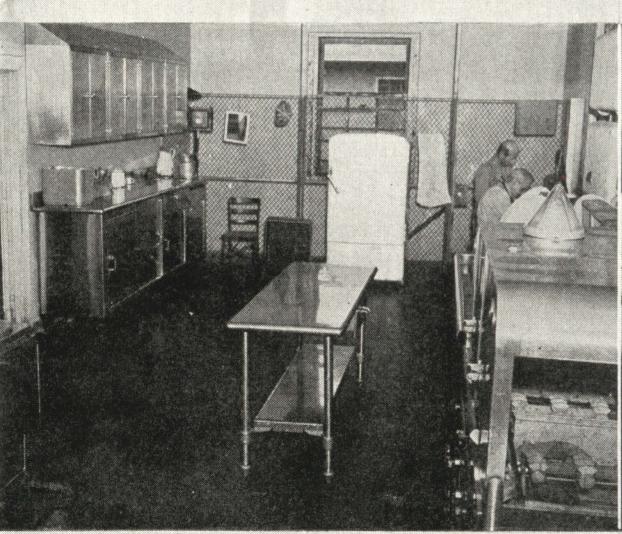


CLOTHING USED

OVERCROWDING-DISREPAIR



CLEAN, LIGHT, COMFORTABLE





A TIDY KITCHEN

UNUSED-NO PERSONNEL

# PHILADELPHIA STATE HOSPITAL PHILADELPHIA COUNTY

equipment are now a part of the institution.

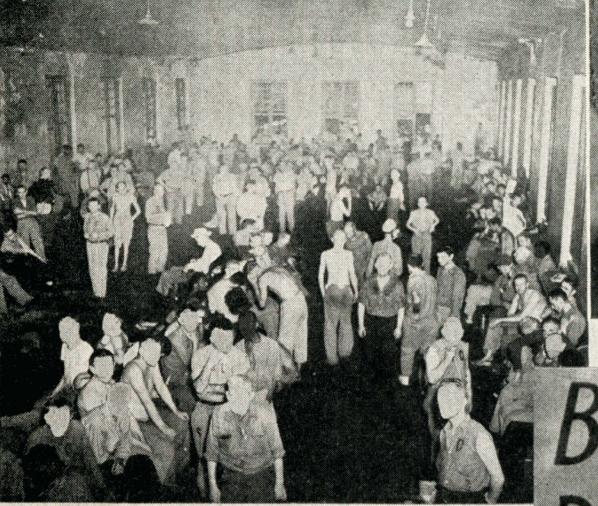
Three of the old buildings, however, have been abandoned as hazardous to safety, and more are nearing the point where they, too, will have to be closed.

Associated with the serious physical condition of the institution is the equally critical personnel shortage. Successive salary increases granted in the various classifications have not succeeded in ameliorating this to any appreciable extent. The reason is lack of housing.

There exists at the present time a shortage of housing in Philadelphia and vicinity; adequate employe housing at the hospital might, were it available, attract much of the needed personnel.

The institution at present falls short of its personnel quota by 14 physicians, 47 nurses, and 299 attendants. This drastic lack reduces the hospital to the virtual

Facilities, Good and Bad



UNHEALTHY, OVERCROWDING



UNHEALTHY, UNCLAD

# Building Glosed DO NOT USE AS PASSAGE

Dr.Peatick

UNSAFE-FLOOR COLLAPSED



UNHEALTHY, LACK ATTENTION



UNHEALTHY-APATHY

UNHEALTHY-3 FOR 300

UNHEALTHY-TB

PATIENTS' BOWLING ALLEYS



CROWDED, DOUBLE-DECKERS



# PHILADELPHIA STATE HOSPITAL PHILADELPHIA COUNTY

status of a custodial plant, with little to save it beyond the fine enthusiasm and selflessness of its staff of loyal workers.

The first necessity of this institution is the complete rehabilitation of its physical plant. This should be followed by a program of training and instruction, together with research, to achieve the goal of a modern institution for progressive treatment of the mentally ill in the area. Thus would be achieved a fitting goal for Philadelphia, where, 196 years ago, the first effort to treat the mentally ill was launched on this continent.

However, it is estimated that to bring these conditions about would require the long term expenditure of 30 million dollars during the next ten years.

The Philadelphia State Hospital now is 75 per cent overcrowded.

In any mental hospital expansion program, top priority must of

> Modern Building

# PHILADELPHIA

STATE HOSPITAL

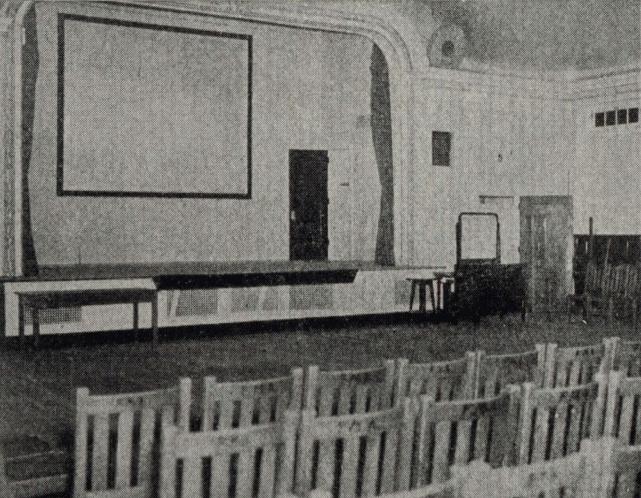
PHILADELPHIA COUNTY

necessity be given to adequate housing for employes, for, obviously, new buildings are of no avail without trained, reliable personnel to man them. Under present conditions, it is impossible to recruit sufficient personnel to man the buildings presently in operation.

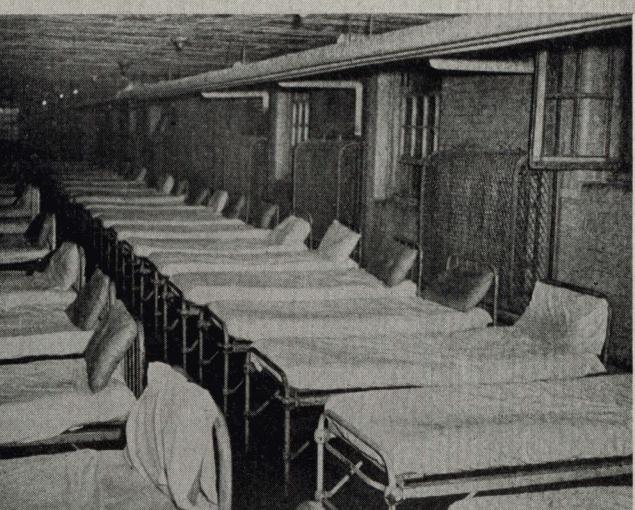
With a rated capacity of 3589, this institution has a population of 6100. There are two million persons in the metropolitan area served by the hospital, which means, based on national statistics of 5 per cent of the total population requiring institutional care for mental illness, that capacity to serve the area should be approximately 10,000.

With a total of only 346 nurses and attendants for 6100 patients, restraint is a necessary safeguard. In May, 1946, a total of 49,609 hours of restraint was checked in the male division.

Representing an investment of \$13,453,357.72, the cost of operation last year was \$2,111,014.16. This hospital represents the most difficult and urgent problem of any of the Commonwealth's 21 mental institutions.

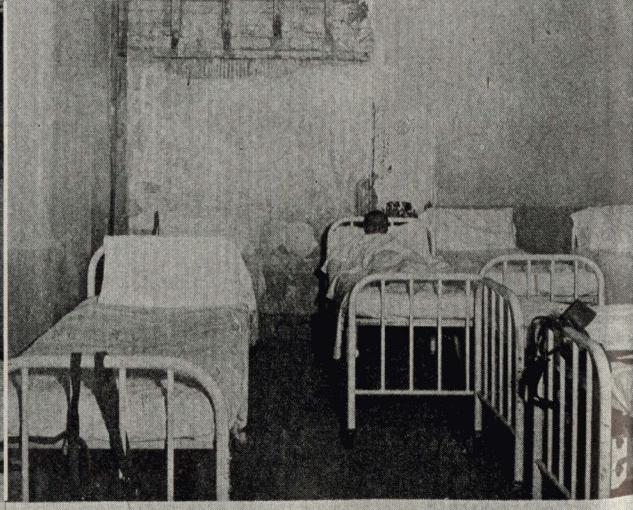


AUDITORIUM-CAPACITY 300



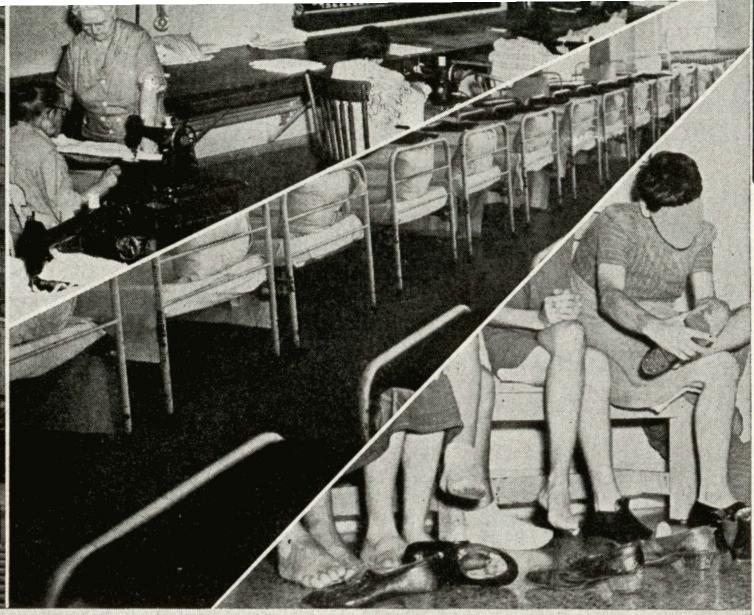
Caralle Street, 1889

21,000 MEALS DAILY



BASEMENT DORMITORY

CUFFS INSTEAD OF NURSES



SOUND STRUCTURE

TOP: OCCUPATIONAL ACTIVITY; CENTER, WELL-KEPT DORMITORY: LOWER, WON'T WEAR SHOES



LIGHT. AIRY DINING ROOM

# CLARK'S SUMMIT

LACKAWANNA COUNTY

Clark's Summit State Hospital for mentally ill has a population of 1046, and 135 patients on parole. During the two-year biennial period of June 1, 1944, to May 31, 1946, a total of 75 patients were readmitted to the institution, and 357 discharged.

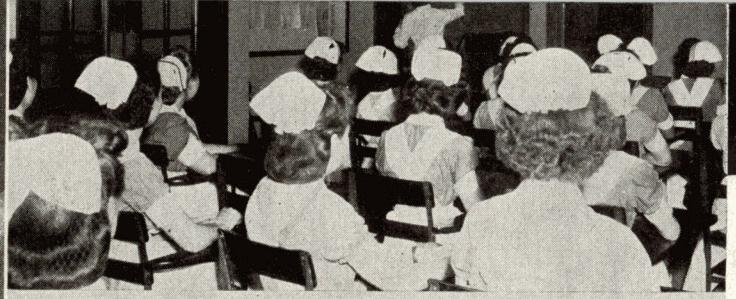
Located in the community of Clark's Summit, Lackawanna County, Northeastern Pennsylvania, this hospital was taken over by the Commonwealth on October 1, 1943. Since then numerous improvements have been made both in the buildings and equipment.

A new laundry is now under construction and plans provide building another kitchen and a refrigeration unit. Within the past year (1945) needed equipment was added by the State to the hospital's medical and dietary departments, the garage, farm, kitchens, power house and offices. Ten new buildings are needed by

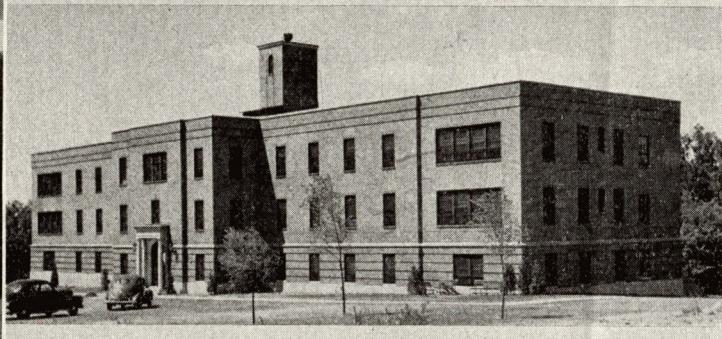
An Efficient County Heritage



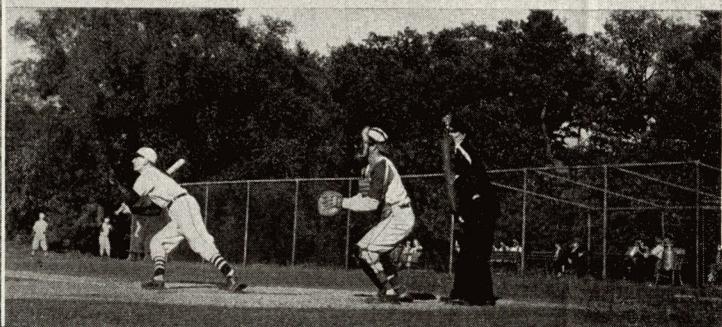
**ADMINISTRATION** 



TRAINING



DIAGNOSTIC CLINIC



RECREATION

# DANVILLE

STATE HOSPITAL

MONTOUR COUNTY

The assessed value of the Danville State Hospital is \$5,168,-714.89. It serves Columbia and adjacent counties, caring for the mentally ill in that area. It is one of the older institutions of the State, although progress has been made in the construction of new buildings and the maintenance of a specialized training school for nurses and attendants who, upon graduation, will assume positions in other State mental institutions. There are 306 students now in attendance.

Planned to care for 2296 patients, Danville has a population of 2918, and whereas 17 physicians are required to adequately staff the hospital, only eight are available. The shortage of trained nurses and attendants is also acute.

Reflecting the general increase in cost of all materials and commodities, Danville's cost of operation rose from \$883,607.71 in the year of 1944-45 to \$903,586.89

A Hospital Well-rounded

# DANVILLE STATE HOSPITAL

MONTOUR COUNTY

in the period from 1945-46.

Plans now call for the construction of a new kitchen, bakery and employes' dining room. To completely modernize the institution, two new buildings would be required to house male and female patients and the administration staff.

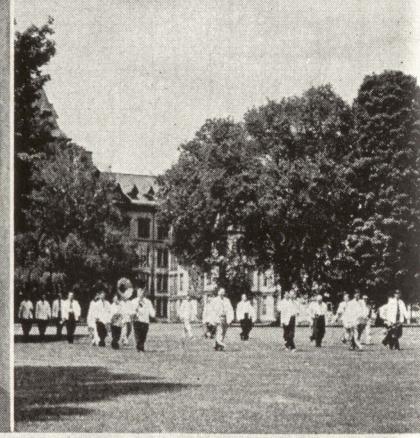
A new building is needed for convalescents, two buildings for disturbed patients, equipped with facilities for maximum security and administration of hydrotherapy and electric shock treatments. Since the present auditorium has been condemned, adequate space should be provided for gatherings, which have high therapeutic value, as well as for the conduct of religious services.

In lieu of major construction, temporary maintenance is vitally needed in practically all buildings, and housing facilities are needed to attract a sufficient number of medical men to bring the hospital staff up to the required number.

Well-rounded Activities







ARTCRAFT

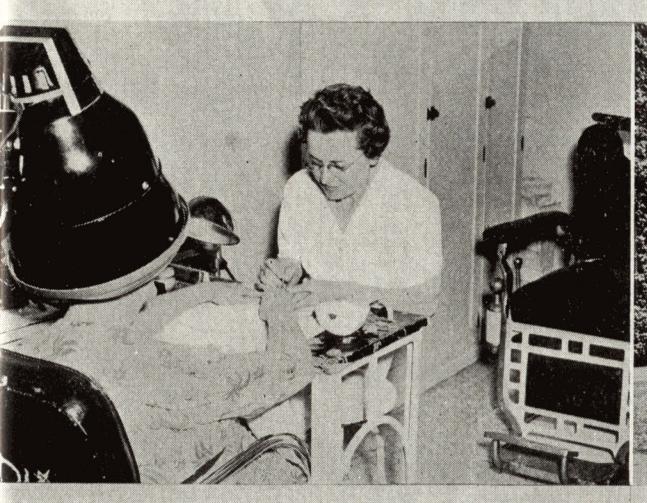
A MEN'S CORRIDOR

MUSIC



AGRICULTURE

OLD-FASHIONED ARCHITECTURE OF ENTRANCE



PERSONAL HYGIENE TREATMENT

FLOWER CULTURE TREATMENT

# DIXMONT

STATE HOSPITAL

ALLEGHENY COUNTY

Dixmont State Hospital, in Western Pennsylvania, is one of the oldest institutions for the mentally ill in that section of the Commonwealth. Patients on the hospital's books as of May 31, 1946, totalled 973.

Management of Dixmont was taken over by the Commonwealth on October 15, 1945. Improvements initiated at Dixmont since its acquisition by the State include the following:

- 1. Training of personnel.
- 2. Records brought up to date and medical files completed.
- Better dietary service, nursing care and occupational activities provided for patients.
- 4. Hospital canteen to meet needs of patients and employes opened.
- 5. Rehabilitation of power plant.
- 6. New fire-fighting equipment installed.
- 7. Repair and replacement of buildings.
- 8. Coordination of nursing staff under one head.

Reorganization of the dietary department has brought a marked improvement in both quality and quantity of food served to employes. The equipment in both kitchen and dining room is obso-

> It Looks Good, But —

# DIXMONT

STATE HOSPITAL

ALLEGHENY COUNTY

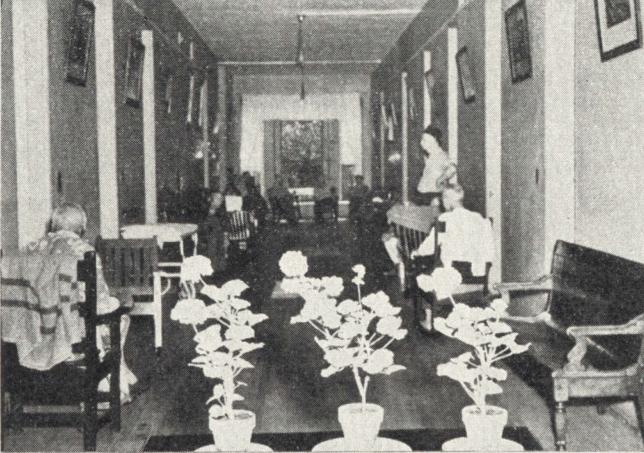
lete, however, and should be replaced. Clothing and food supplies, at one time almost depleted, have now been built up.

The institution represents an investment of \$1,776,307.37. Maintenance for 1946 was \$332,-358.76.

A beginning has been made in the direction of developing Dixmont into a modern mental hospital. Today, its facilities are in disrepair and the hospital patient bed space is approximately 50 per cent overcrowded. Immediately needed are repairs and remodeling at an estimated cost of \$137,900.

Many major essential facilities, such as X-ray; physiotherapy and special therapies, such as electric shock, are not yet available. Diagnostic procedures are limited by lack of adequate equipment for this purpose, as well as a lack of trained psychiatrists and medical personnel.

Its Facilities
Are Inadequate

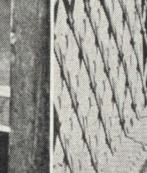


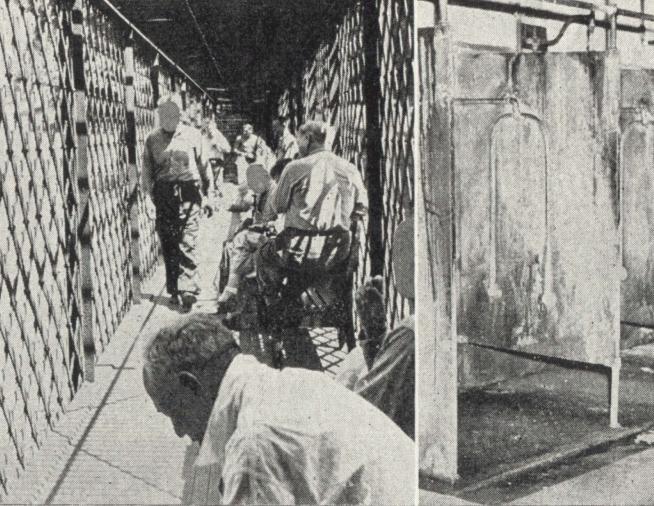
OBSOLETE CORRIDORS



MAKESHIFT BARBER SHOP



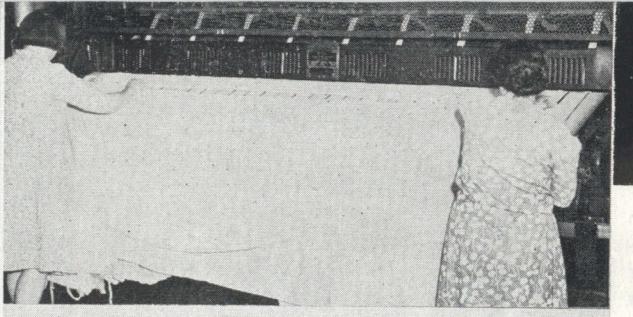




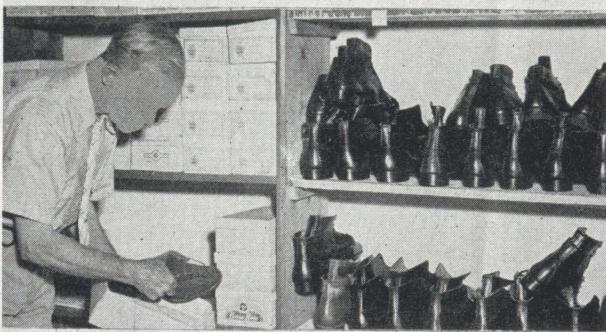
CROWDING, DISREPAIR

NO EXERCISE AREA

DILAPIDATED SHOWERS



CARE OF LAUNDRY



CARE OF SHOES



CARE OF PERSONAL CLOTHING

# EMBREEVILLE STATE HOSPITAL CHESTER COUNTY

Embreeville State Hospital stopped admitting new patients in February, 1945, when its water became insufficient to meet the institution's requirements.

The present population of the hospital is 300. Twenty-five male patients were recently transferred from Embreeville to Wernersville State Hospital. Fifty female patients, who were to have been transferred to the Philadelphia State Hospital, could not be admitted there because space was lacking to quarter them properly. All future admissions to Embreeville have been ordered sent to Norristown or Wernersville.

Embreeville's normal working personnel was reduced to 55 in 1945.

Occupational therapy has had to be discontinued at Embreeville due to lack of trained help and inability to purchase supplies.

The hospital's farm program and activities include the culti-

A Small Rural Hospital

# EMBREEVILLE STATE HOSPITAL CHESTER COUNTY

vation of 250 acres. Truck garden produce is raised for use in summer and for canning for winter needs. Feed for pigs and cattle is also raised on the farm.

From the institution's farm more than \$1000 worth of corn and more than \$3000 worth of tomatoes, potatoes, etc., were given to Pennhurst State School, and more than 3000 pounds of fat to Norristown State Hospital.

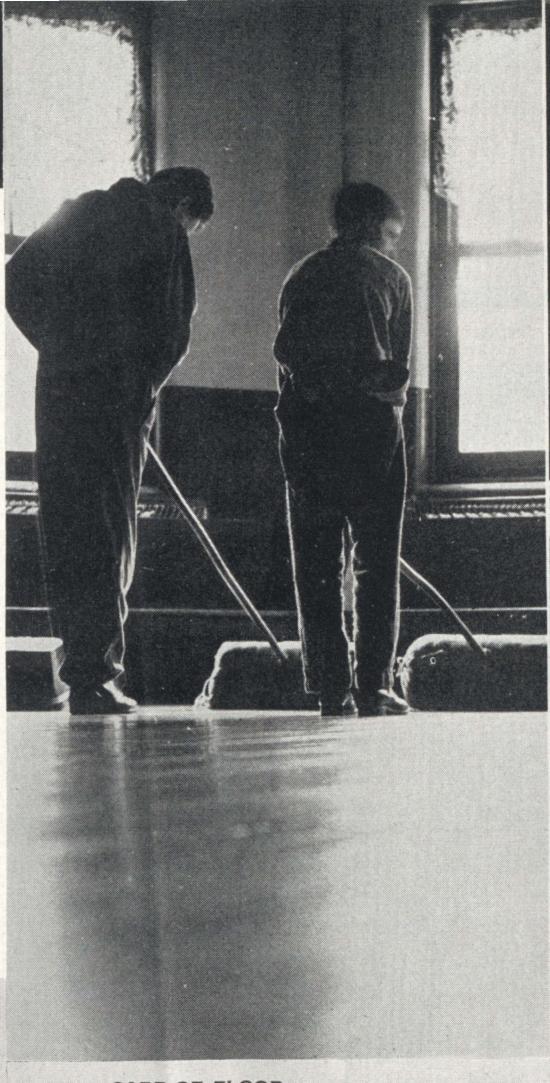
Building repairs and improvements now being carried out at Embreeville State Hospital include:

- Installation of a fabricated cold room with a dairy product and vegetable section.
- Installation of a water defrost type cooling unit for meat room.

Plans are now being drawn to enlarge the hospital's capacity to 2000 beds. Installation of a new 250-horsepower boiler to replace the present 50-year-old ones is also planned in the near future.

The plant is valued at \$500,000, and cost \$135,700.75 annually.

Constant Care Keeps Cleanliness





CARE OF HYGIENE



# FARVIEW STATE HOSPITAL WAYNE COUNTY

This institution houses criminally insane men.

It is not overcrowded, and in that respect is singular among the Commonwealth's mental institutions. The hospital's population is 1098. Being a penal institution, Farview's attendants have the classification of "guards," and receive correspondingly higher salaries than attendants. There are 114 guards on the staff, and 30 supervisors.

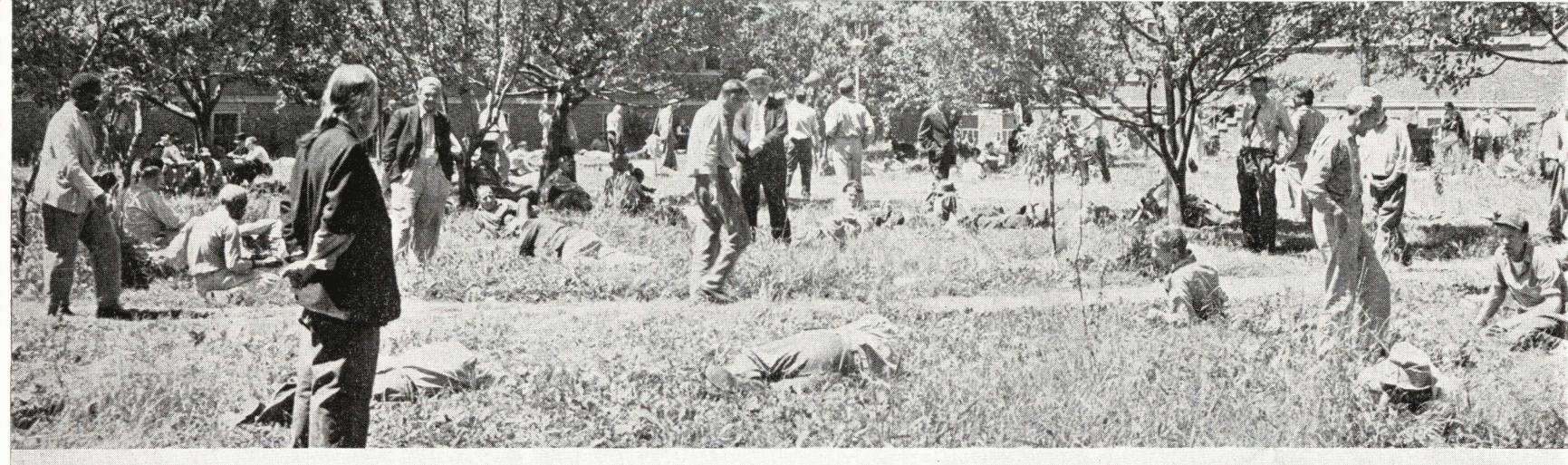
The average age of male employes is 50 years.

Farview's most urgent need is for an enlarged tubercular hospital. Its present facility has a capacity of only 25 patients, whereas there are more than 150 tuberculars in the institution.

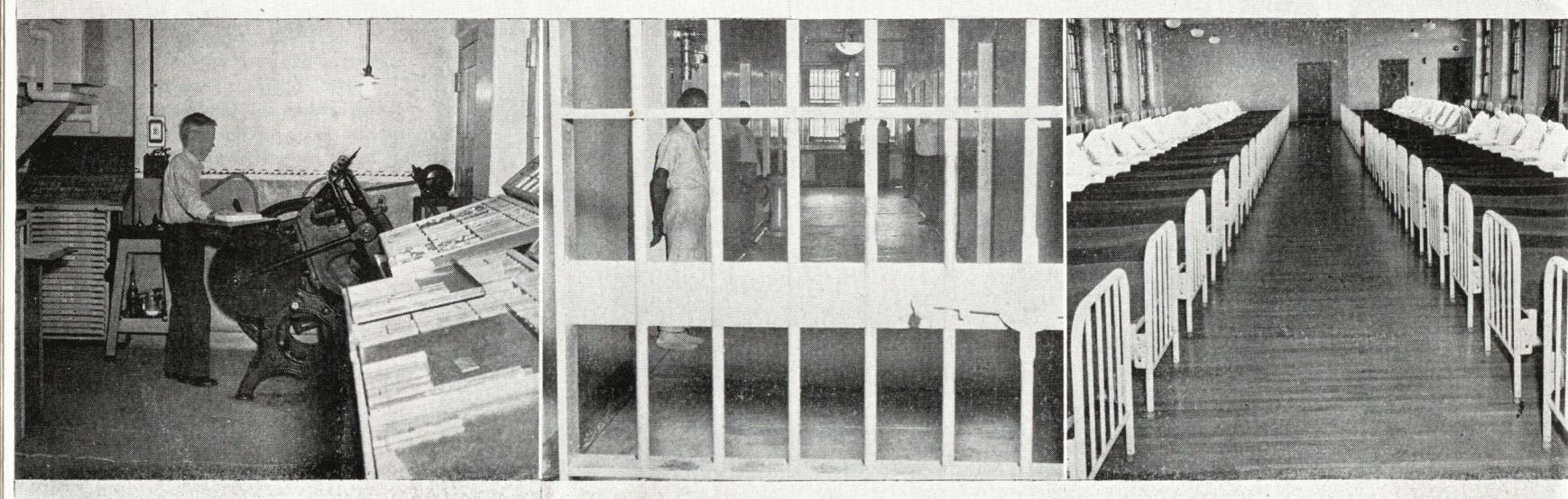
Farview was opened December 16, 1912. It comprises 1354 acres.

Its cost of operation year ending May 31, 1946, was \$585,-103.78. Plant value is \$3,826,-025.18.

Criminal Insane Are Sick



THEY NEED RELAXATION . . .



OCCUPATION . . .

MAXIMUM SECURITY . . .

AND ORDERLY DISCIPLINE



# HARRISBURG STATE HOSPITAL DAUPHIN COUNTY

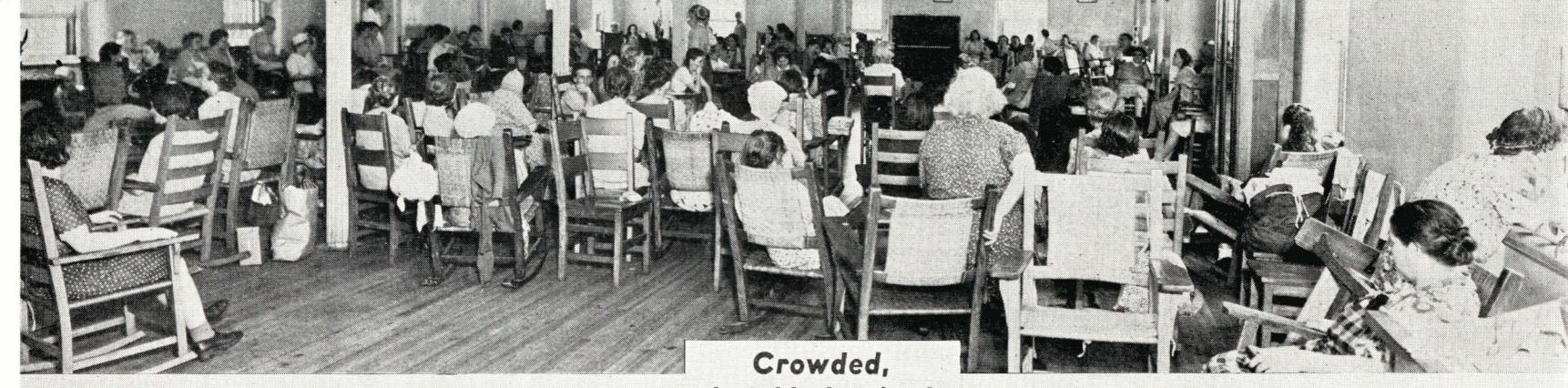
This institution is one of the oldest in the Commonwealth. It was founded in 1851, and has one building—the Dorothea Dix Cottage—which has been in continuous use as a recreational building for 92 years.

It serves 12 surrounding counties, which have a population of 926,452, in an area of 8000 square miles. Its present capacity is 2019, but its population is 2441, with 437 on parole.

Among the services it renders the communities within its area is maintenance of seven mental health clinics. This number at one time was double, when manpower was available.

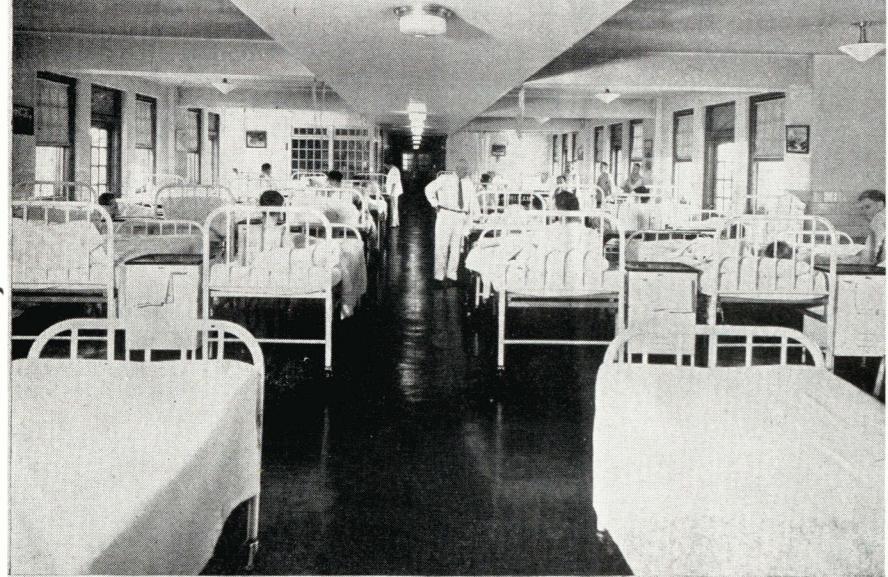
The city of Harrisburg being in a highly war industrialized sector, the institution suffered considerably from manpower shortage. At one time during the war period, there was a 50 per cent shortage of attendants. There are now 96 vacancies in the nursing staff, and at the low level of employment, there were as few as one nurse to

Service Goes on, at Home and Abroad



DAY SPACE 50 PER CENT OVERCROWDED

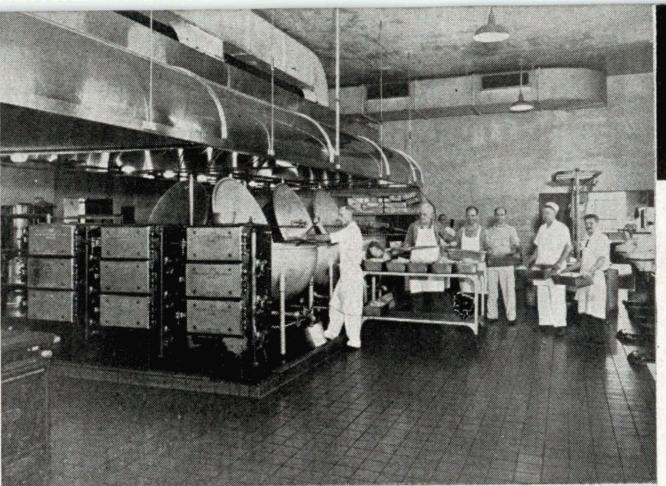
but Modernized



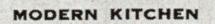
A MODERN TB WARD

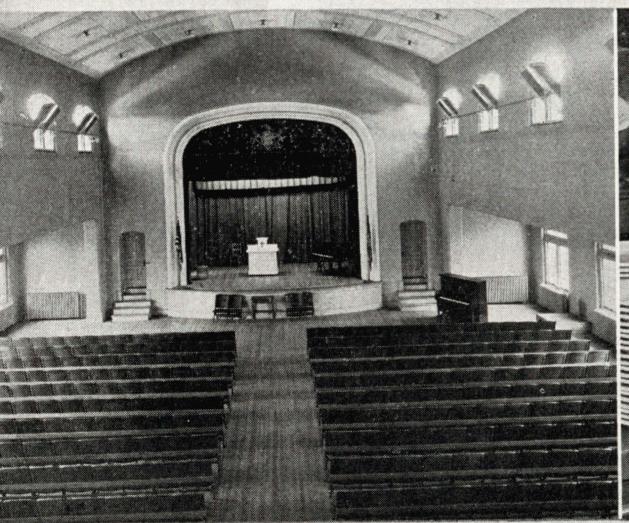


MODERN PLUMBING



SCIENTIFIC LABORATORIES







# HARRISBURG STATE HOSPITAL

DAUPHIN COUNTY

166 infirm patients. In June, 1945, only 26 of 92 authorized positions on the male side were filled.

Eighty employes of the institution went into the armed services, but only 16 have returned to their duties.

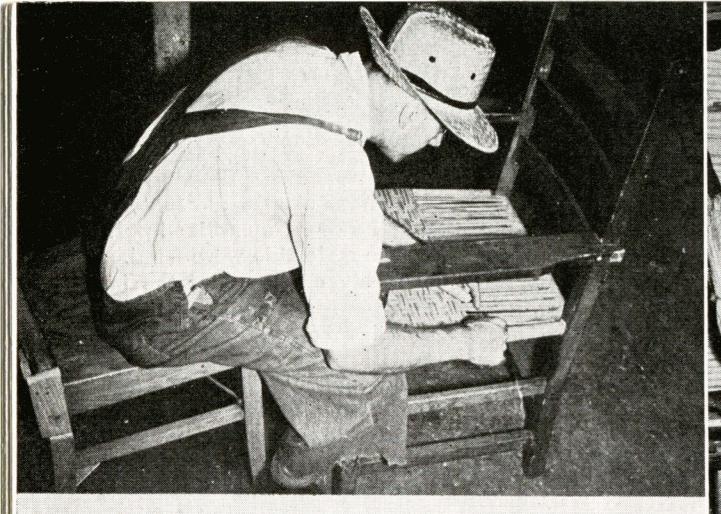
The manpower shortage resulted in widespread curtailment of services to both the public and patients, but through diligent effort coupled with ingenious use of available facilities, work was carried on. An example is the employment of a capable patient as full time librarian.

In a measure, the manpower shortage was relieved by employment of conscientious objectors of the Mennonite faith. These ranged in number from 40 down to 15, and proved most competent and helpful.

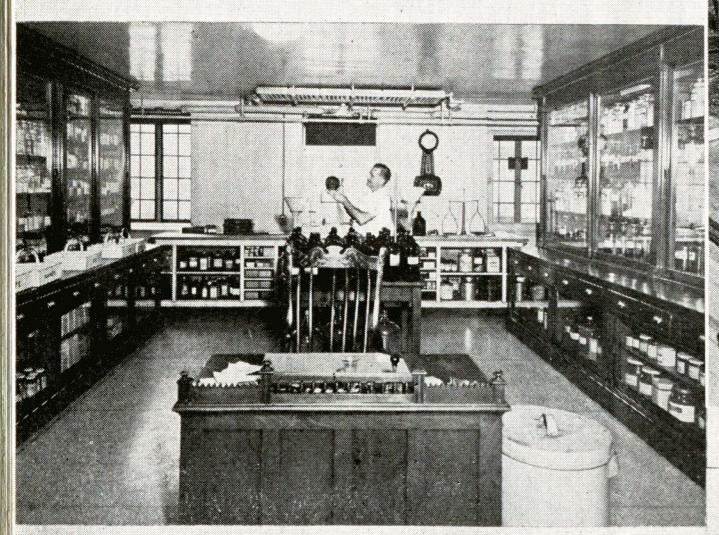
Surveys have shown that increase over present capacity of 375 beds would cost \$3,259,000.

Cost of operation for the biennium ending May 1, 1946, was \$1,568,173.50. Plant value is \$5,958,888.46.

**Essential Services** 



BUSY HANDS AID TROUBLED MINDS

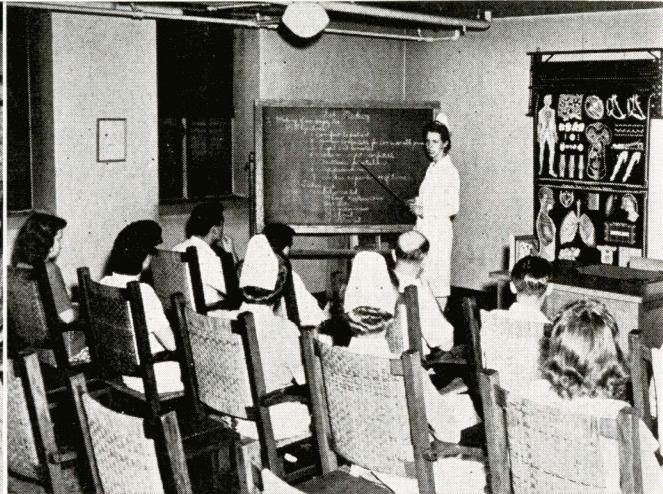


AMPLE DRUG SUPPLIES



NEW SKILLS ACQUIRED

**Varied** Activities



ATTENDANTS ARE TRAINED



PERIODIC MODERN TB X-RAY

# BASEMENT SHOP JAMMED CONGESTION ONE LONE BUILDING

# HOLLIDAYSBURG

STATE HOSPITAL

BLAIR COUNTY

Hollidaysburg State Hospital for the Mentally III came under administration of the Commonwealth on June 1, 1941. The institution's population is 369 with an additional 73 paroled.

Hollidaysburg State Hospital is undermanned and overcrowded. Eleven inmates of this institution escaped during the past two years because of a shortage of attendants. The hospital had no graduate registered nurse for nearly two years while the female supervisor was on military leave. At various times it became necessary to place good patients in charge of wards.

Without competent help it has been impossible to institute any new type treatment, occupational therapy, social service department, or research work.

Operating expenses of Hollidaysburg Hospital for the two-year period ending May 31, 1946, was \$219,957.71 Plant value is \$529,855.16.

Wanted: More Room

# LAURELTON STATE VILLAGE UNION COUNTY

Feeble-minded women are the special charge of Laurelton State Village in Union County, East Central Pennsylvania.

Established by Act of the 1913 State Legislature, Laurelton Village today serves the entire Commonwealth in this important field of social welfare.

Present population of the Village is 903 patients, and 133 on parole.

The Mental Health Act of 1923 changed the policies of the institution, making it a training school and permitting parole. The training program follows academic, industrial and social lines.

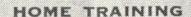
Laurelton Village's splendidly equipped gymnasium went unused during the 1945-46 school term because there was no physical education instructor to conduct classes.

Training — Moral and Social



ADMINISTRATION BUILDING







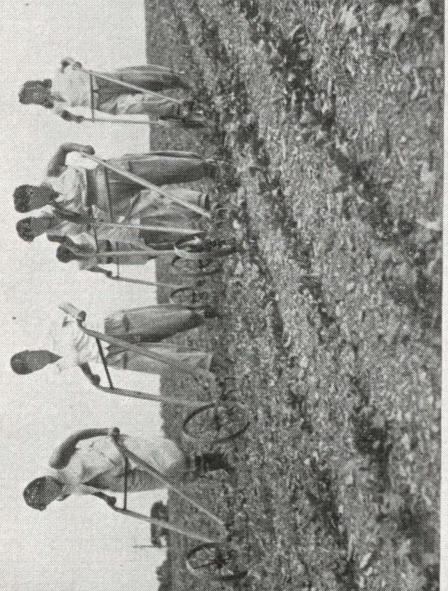
RECREATION



PERSONAL HYGIENE

DAIRY

# FARMING





# STATE VILLAGE LAURELTON UNION COUNTY

Badly needed at Laurelton State Village are the following:

- 1. Four new cottages.
- A storage house.
- Building for men's quarters and garage.
- Remodeling and repair work.

Total cost of operating the Village The present value of the instiin the biennium ending May 31, tution property is \$3,408,320.70. 1946, was \$750,883.18.

The aim of the institution today is to develop to the utmost whatever capacities the feeble-minded girl committed to its care may possess and if possible return her to the community as a self-respecting, self-supporting citizen.

# Vocational Training

# NORRISTOWN STATE HOSPITAL

MONTGOMERY COUNTY

Norristown is one of the State's hospitals which suffers a shortage of everything except patients.

With a rated capacity of 2983, it has drawn a population of 4954 from the thickly populated area which it serves. It has 680 additional patients on parole.

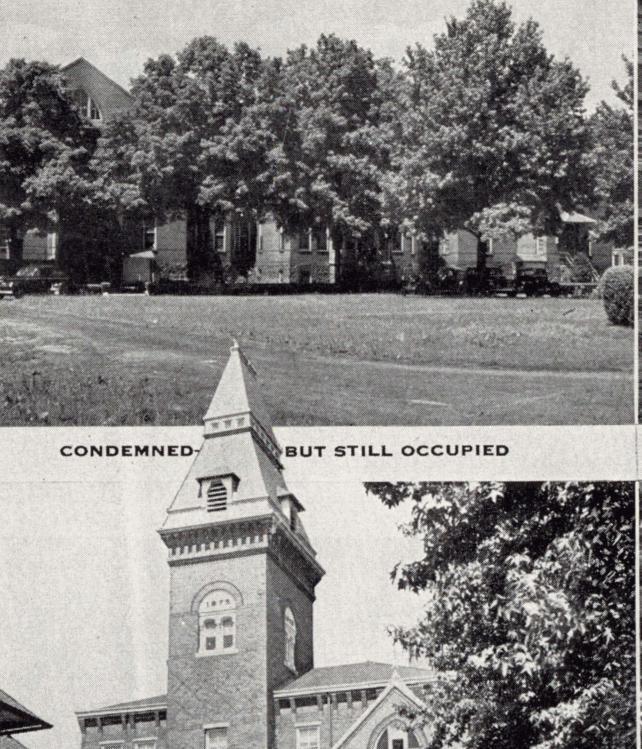
To meet the standard of one physician to each 200 patients, this institution would require six additional doctors. It is short 45 nurses and 228 attendants.

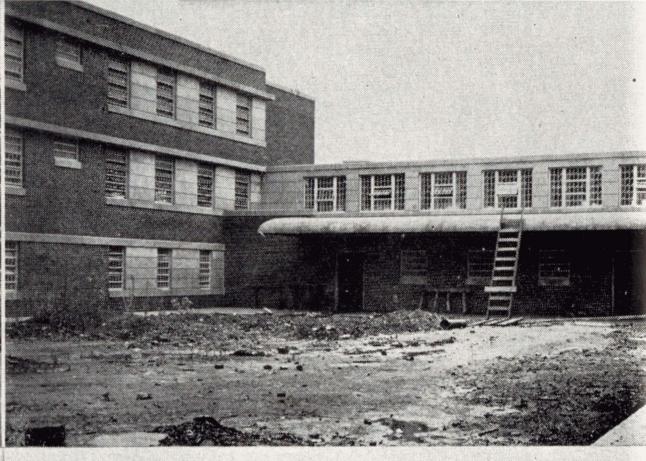
One building is still in use which has been condemned for two years.

Because of its heavy patient load and shortage of nurses and attendants, Norristown is one of the two out of Pennsylvania's 21 mental hospitals in which physical restraints remain necessary. These are held to a minimum. However, during recent months, there have been occasions when there was but one employe available to supervise an entire two-story build-

Structure — Sound and Unsound

28





CONSTRUCTIVE ADVANCE



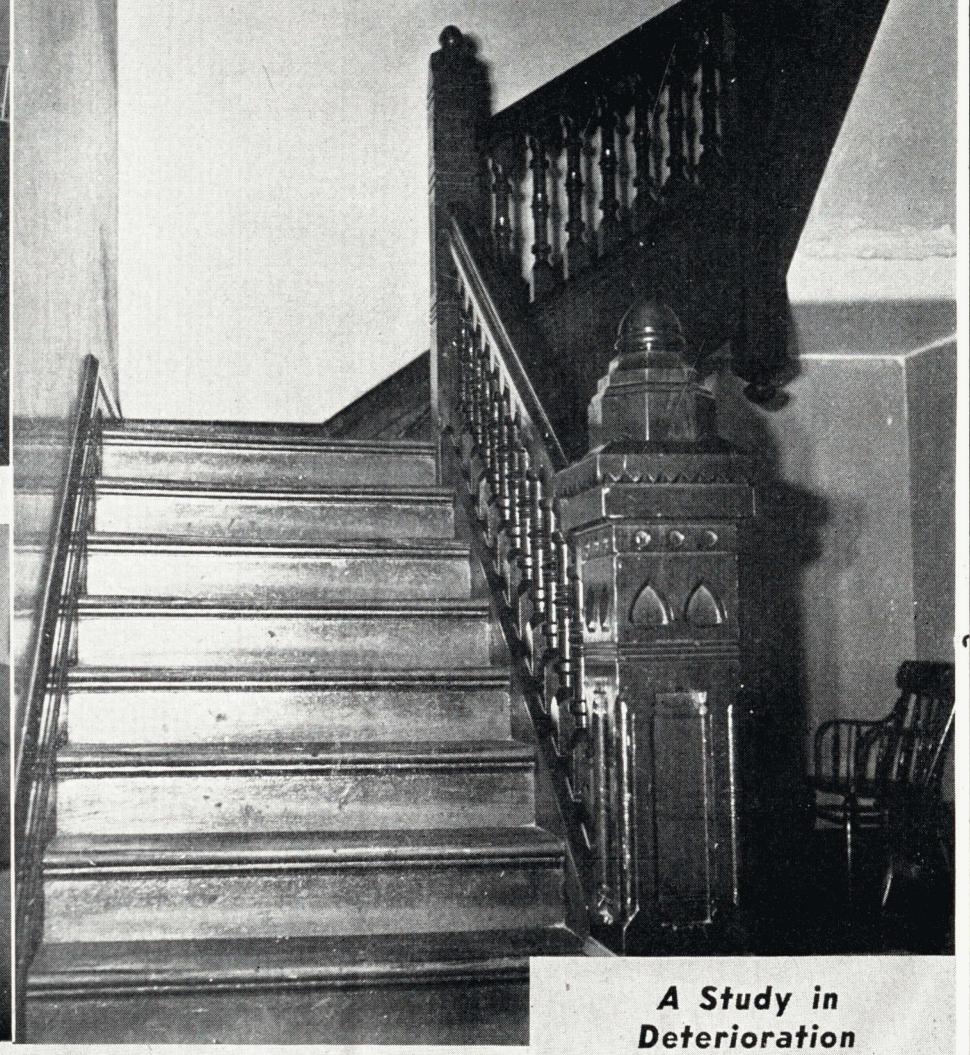
PATCHWORK-\$60,000 WORTH



FOR SOME-LIFE'S SUNSET



A STUDY IN FUTILITY

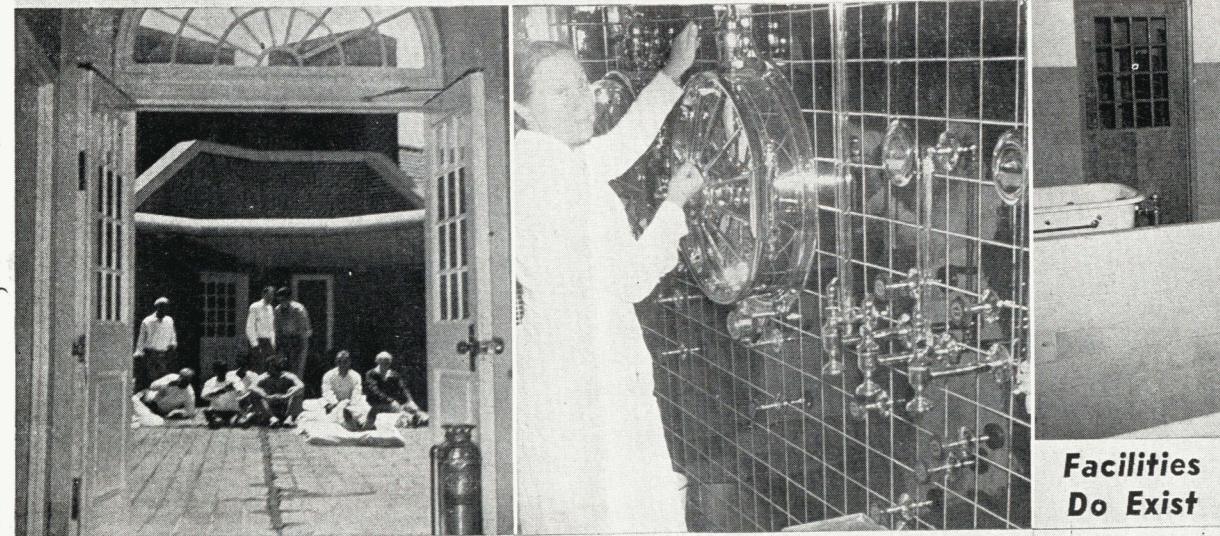


HAZARDOUS, ANTIQUATED

or arron



ULTRA-MODERN ADMISSION BUILDING

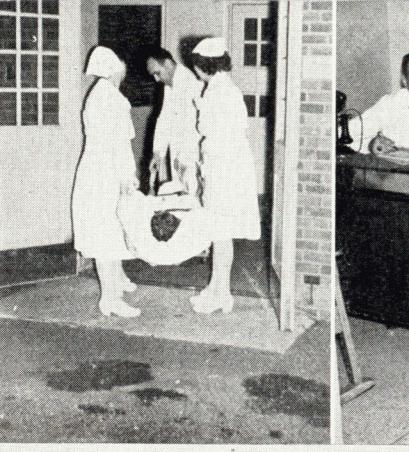




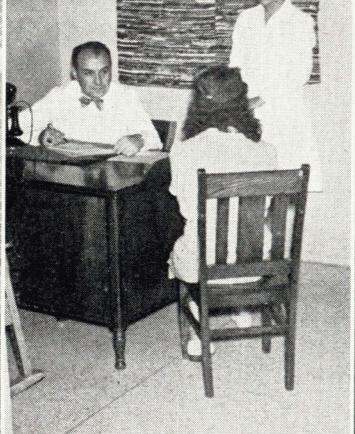
SUN PORCH

FINE EQUIPMENT-BUT

NO PERSONNEL TO OPERATE



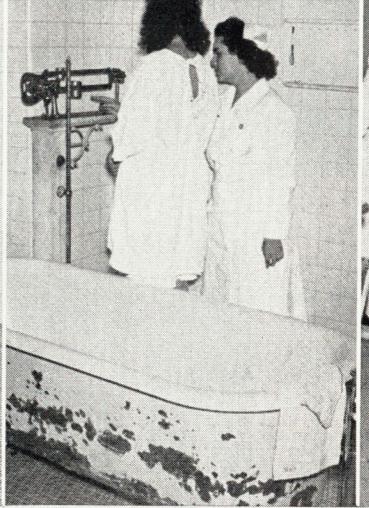
PATIENT ENTERS .



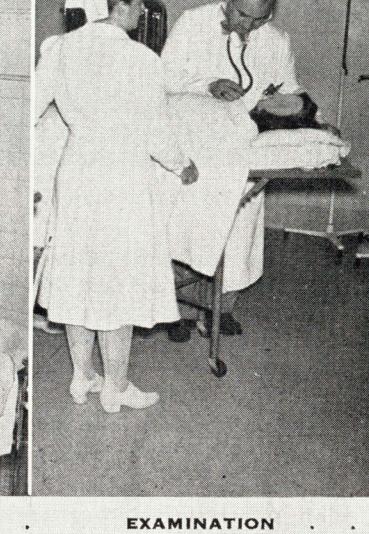
CASE HISTORY



BATH . .



WEIGHED IN





HYDROTHERAPY . . .





Hope Is a Lodestar

ELECTROSHOCK . . GETTING ACQUAINTED . THE WAY HOME



# NORRISTOWN

STATE HOSPITAL

MONTGOMERY COUNTY

ing housing more than 250 patients.

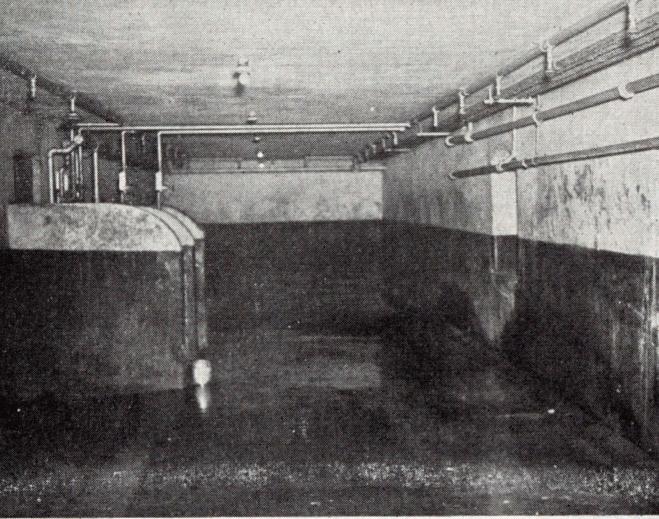
Nevertheless, the institution's report cites the fact that during the biennium ending May 31, 1946, a total of 6062 electro shock treatments were administered with successful results.

Being situated in a highly industrial area, this institution has an ever-present problem in attracting sufficient employes. Another deterrent to recruitment of a staff is inadequacy of employes' housing, in an area where there is a considerable housing shortage.

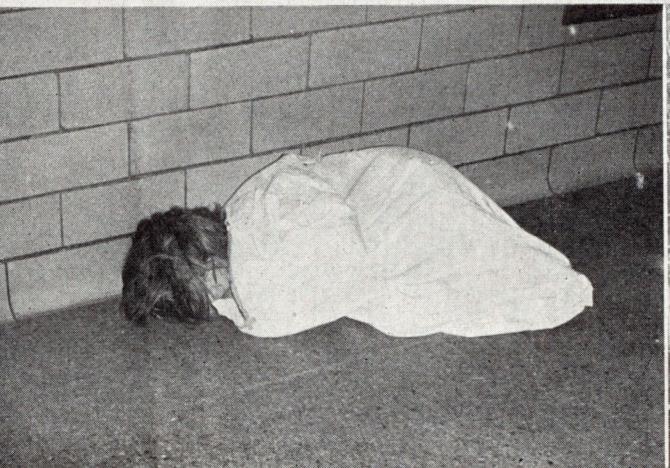
Immediate urgent needs are construction of a new heating and power plant. The present facilities are wholly inadequate for the present load, and its operation is an ever-present emergency.

Value of the plant is \$9,355,-200.09. In the past year operational cost was \$1,390,333.13.

> The Seamy Side

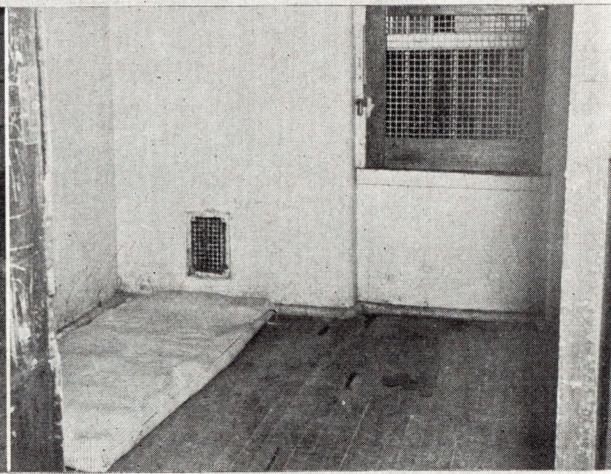


OUTMODED PLUMBING





A TRIPLE MURDERESS

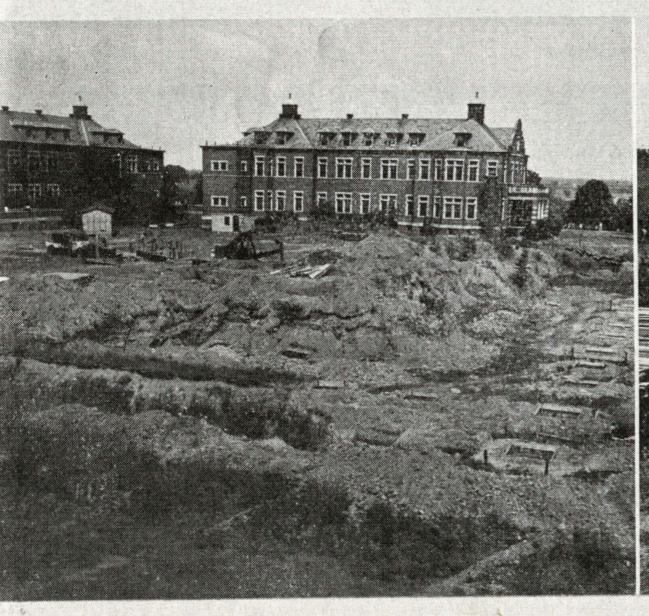


SCHIZOPHRENIA AT WORST

SECLUSION, THE WRONG WAY

# DEGE STATE

ADDITIONAL BUILDING SITES





# PENNHURST STATE SCHOOL

CHESTER COUNTY

This institution is for mentally defective children, and serves the entire eastern half of the Commonwealth.

Its population is 2279, and it has a waiting list of approximately 1000, this having been reduced from 1500.

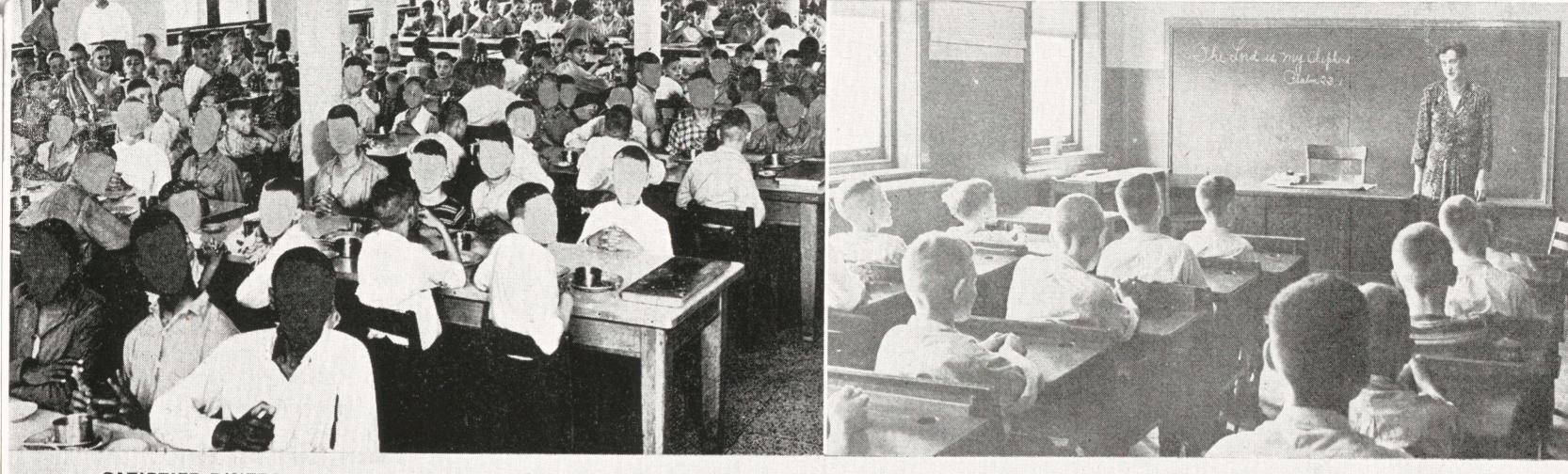
New construction under way will provide for 638 additional patients, and will cost \$1,250,000.

It is estimated that there are 190,000 mentally defectives in Pennsylvania, 10 per cent of whom require institutional care, although only 5 per cent currently are receiving such care. This situation contributes in a considerable degree to juvenile delinquency.

The present staff at this institution consists of seven physicians, including the superintendent and assistant superintendent.

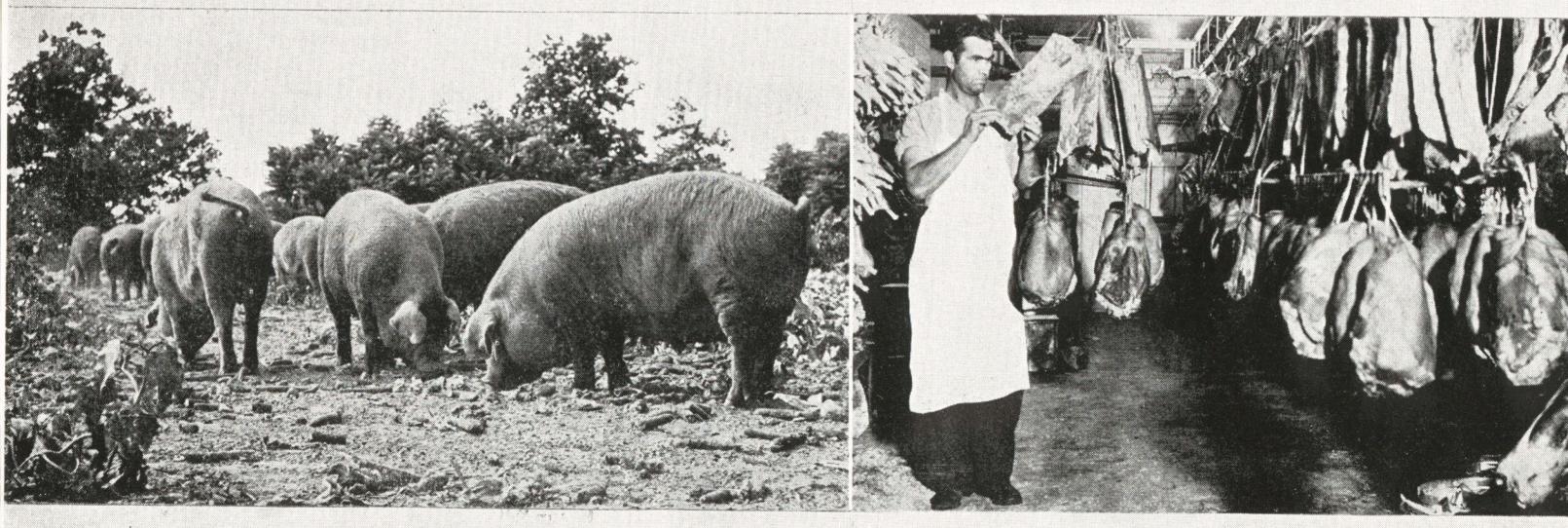
The immediate current needs here are: a new school building to supplant the present two—one for boys and one for girls; a swim-

Looking Forward



SATISFIED DINERS

FOOD FOR THOUGHT



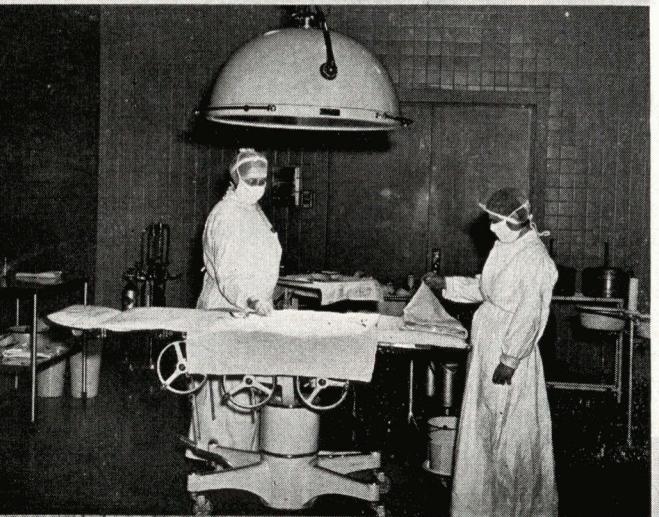
FOOD ON THE HOOF

FOOD IN THE LARDER

BASKET WEAVING



PRINT SHOP



OPERATING ROOM

# PENNHURST STATE SCHOOL

CHESTER COUNTY

ming pool, which would be of great aid to paralytic patients; relocation of the power plant; a new employes' building, which is a necessity before expansion to 4000 population can be achieved.

Steps are now being taken to establish an affiliate nursing course.

In the past biennium, 22,121 pounds of ham and bacon were cured at the institution; 235,860 pounds of pork and beef slaughtered, and 27,627 pounds of lard rendered.

This institution presents vast material for research into the fields of psychiatry, psychology, neurology, pediatrics, congenital anomaly, ophthalmology, orthopedics, and other specialties, but because of the shortage of medical aid these cannot be taken full advantage of.

Records show a total of 20,449 visitors to patients in a year.

This plant is valued at \$6,464,-431.89. Operational cost in the past year was \$837,736.11.

Two Means of Treatment

### POLK STATE SCHOOL VENANGO COUNTY

This institution, for feeble minded, corresponds to Pennhurst in the east. Polk serves the western sector of the Commonwealth in similar fashion.

Contracts have been let here for a new male infirmary, a laundry building, and water supply. The present fire prevention system requires overhauling.

There is need for a new hospital building of adequate size and facilities, not only for treatment of patients, but to attract and inspire an adequate professional staff.

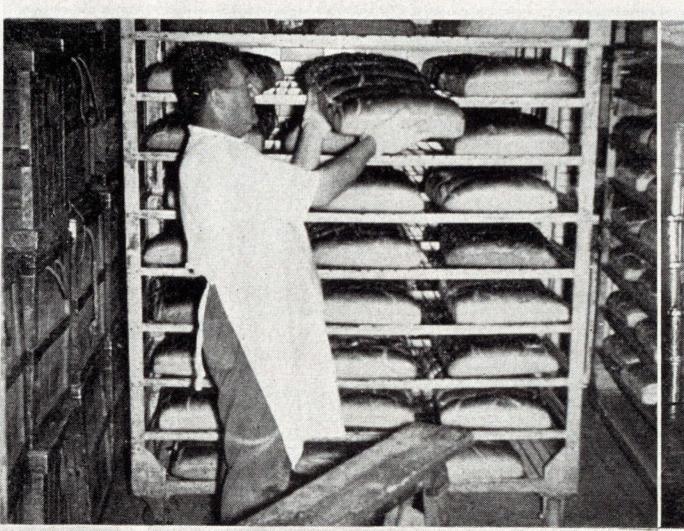
The 2017 acres with improvements represent an investment of \$5,192,162.97. Cost of operation for the year ending May 31, 1946, was \$998,091.77.

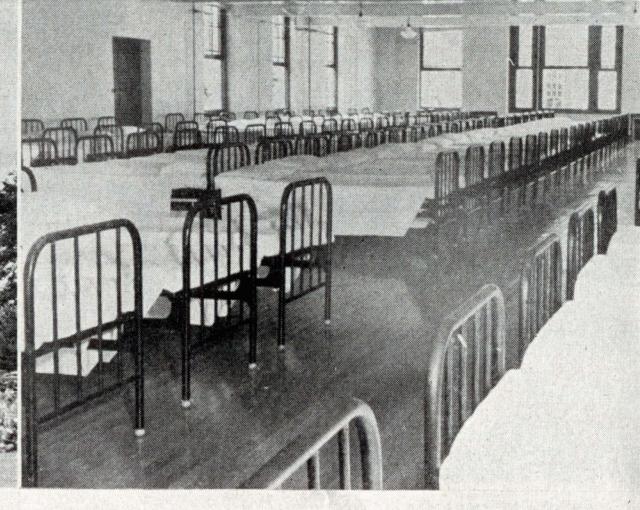
The school's purpose is to provide instruction and employment training for mentally defective boys and girls in 33 western counties, who are between the ages of 4 and 20 years, and unable to

> Indoors and Out

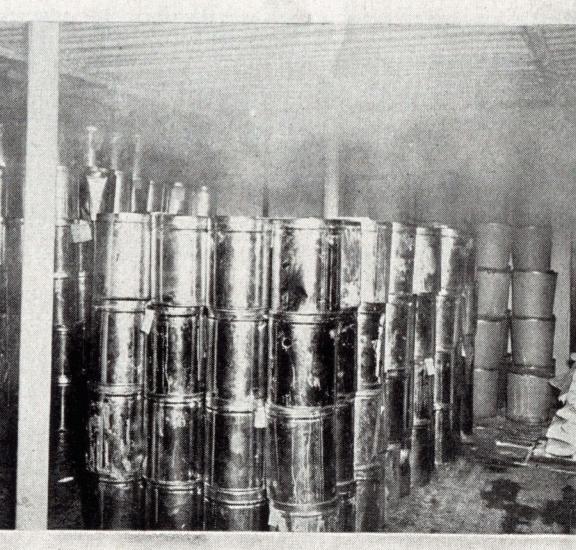


HOLIDAY CELEBRATION





GOOD HOUSEKEEPING



FRESH BREAD

FROZEN FOOD STORAGE





THE TUMBLER



THE FISHING HOLE



STRIKE UP THE BAND

# POLK STATE SCHOOL VENANGO COUNTY

care for themselves. Industrial and academic training and occupational training in the arts and crafts, as well as gymnastics, music and recreation, are provided.

The population is 3176, and the waiting list 685. In the fall and winter of 1945, one position out of every seven authorized was vacant. Twenty-one employes were in the armed services.

Extension work in personnel training in conjunction with the University of Pittsburgh is carried on, with a total of five courses conducted at the institution.

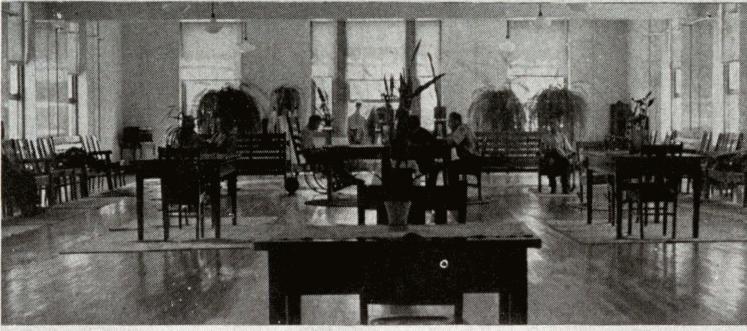
Spastic children are instructed in the gymnasium classes.

A \$900,000 building and equipment program is contemplated. This new construction, when completed and properly staffed, will place Polk among the leading institutions of its kind in the country.

Correctional Exercise



THE GYM



THE DAYROOM

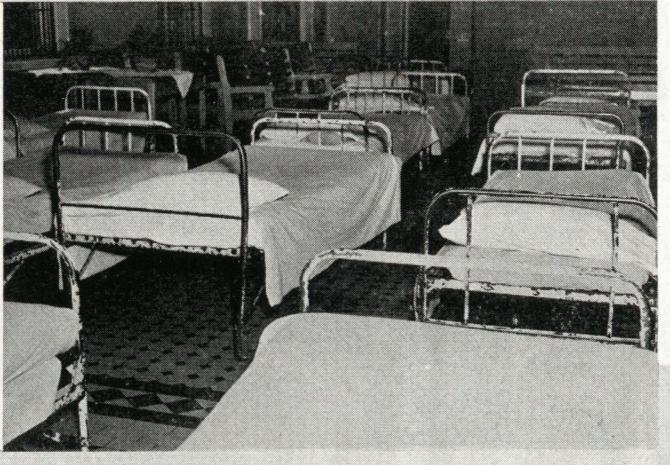




HELPING ONE ANOTHER

THE ADMINISTRATION BUILDING





A CONVERTIBLE BEDROOM

### MAYVIEW STATE HOSPITAL

ALLEGHENY COUNTY

This institution was taken over by the Commonwealth from Allegheny County in August, 1941. It is the former Pittsburgh City Home and Hospital.

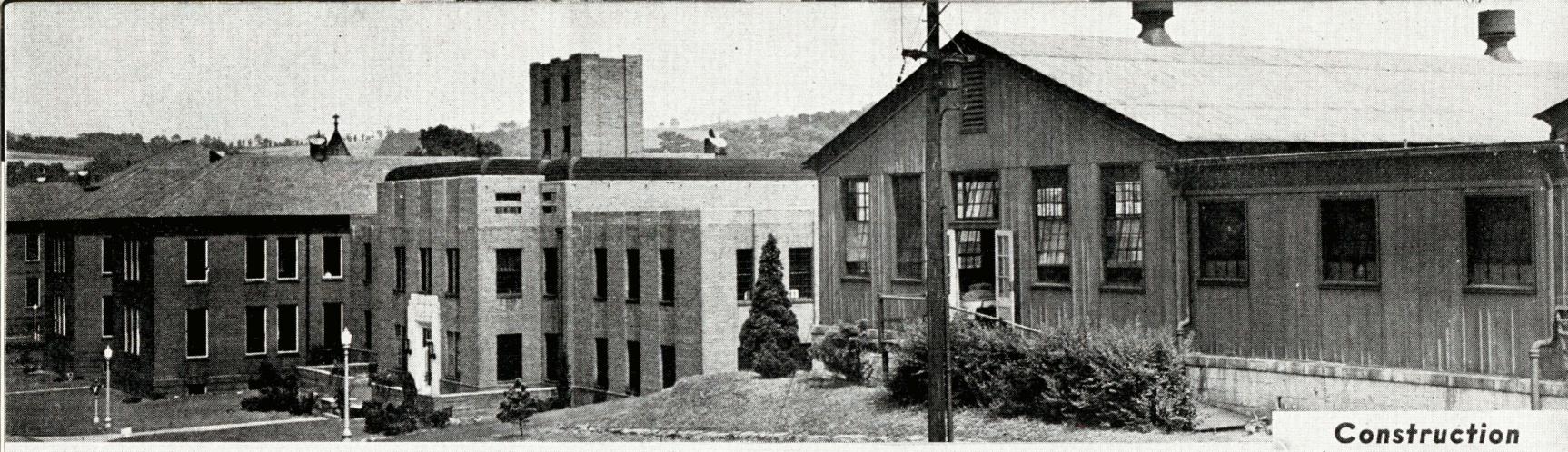
It is overcrowded, with a population of 3005, drawn from the city of Pittsburgh. It has one employe to 27 patients, working on eight-hour shifts. There are 37 nurses, 16 student nurses, 157 female attendants, and 139 male attendants.

Despite the shortage of manpower, the hospital has given 265,844 hydrotherapy treatments in the two-year period ending May 31, 1946.

The crowded conditions are illustrated by the necessity of setting up 276 beds in one of the recreation rooms each night, and then removing them the following morning so the room may be put to its normal use. (See photo.)

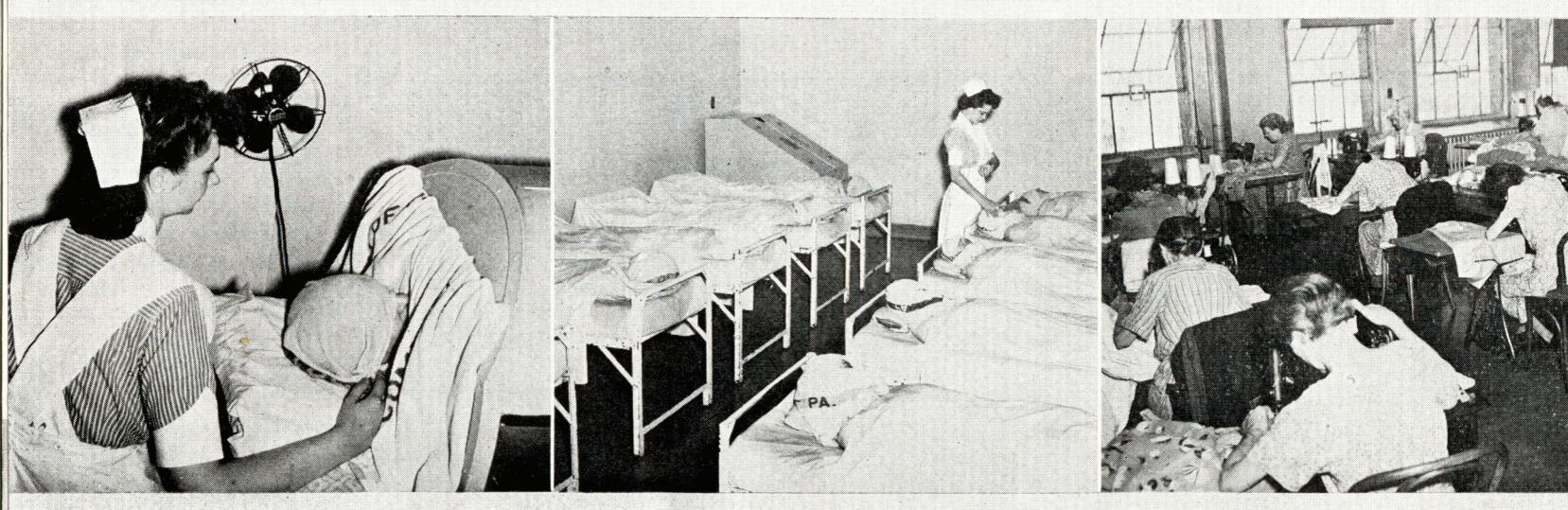
Since being taken over by the Commonwealth, noteworthy ad-

A Newly Assumed Responsibility



OLD AND NEW BUILDINGS

Needed

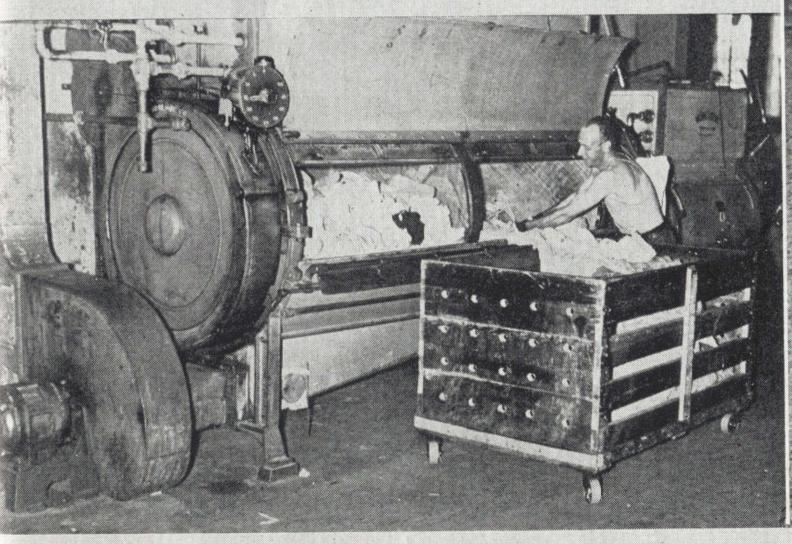


MODERN THERAPY

"WET PACK"

PATIENTS' SEWING ROOM

THE "TUBS"





### MAYVIEW STATE HOSPITAL

ALLEGHENY COUNTY

vances have been establishment of an affiliate nurse course of three months, at which 50 students are given instruction; development of plans for a new central kitchen, patients' dining room, and employes' dining room; complete discontinuance of all forms of physical restraint, and inauguration of a foster home placement program.

During the year ended May 31, 1946, the daily menus served to patients provided 2670 calories.

Mayview operates its own coal mine, using equipment obtained from the Woodville State Hospital when that institution ceased operation of its mine due to lack of coal.

Cost of operation of Mayview for the past biennium was \$1,287,-524.29 in 1944-45, and \$1,265,-489.86 for 1945-46. The plant is valued at \$8,500,000.

Some Major Problems

# RETREAT

STATE HOSPITAL

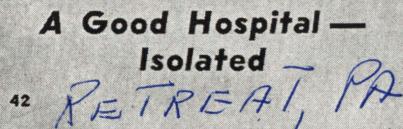
LUZERNE COUNTY

Retreat State Hospital serves an area of approximately 15 square miles in Luzerne County, including the city of Wilkes-Barre.

It was taken over from the county by the Commonwealth on September 16, 1943.

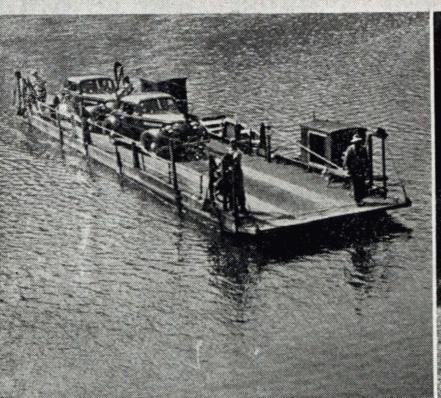
Chief drawback to the efficient operation of this institution is its inaccessibility. It can be reached only by a flatboat ferry over the Susquehanna River, from Route 11, or by a rough mountain trail, with grades as steep as 20 per cent. This little boat carried 97,525 passengers on 33,747 trips during the year ending May 31, 1946. It also carried 12,186 tons of freight. During the year, it was idle for 45 days because of repairs, ice, and floods. During those periods, the institution was virtually isolated.

Another urgent need at this institution is a new water storage facility, the present inadequate installation carrying only one day's

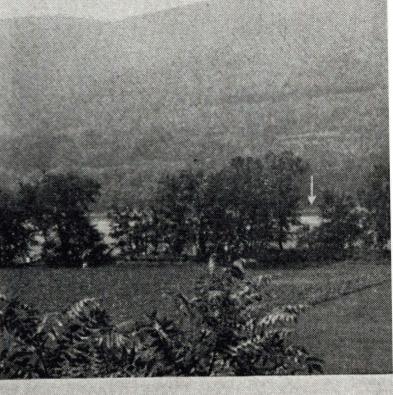




POWER PLANT AND WATER PUMPS





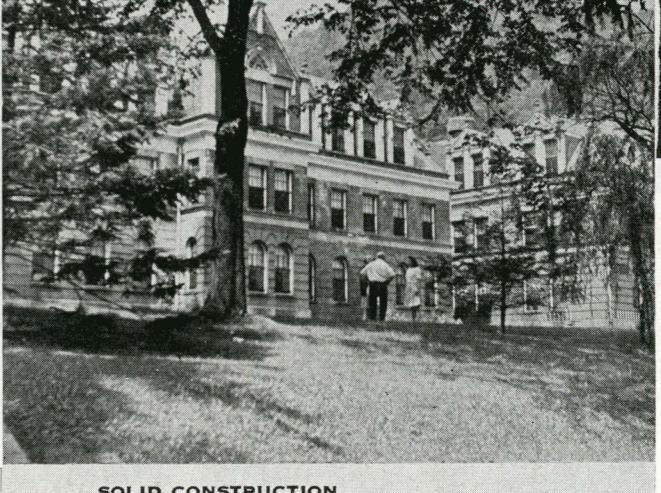


MAIN ACCESS

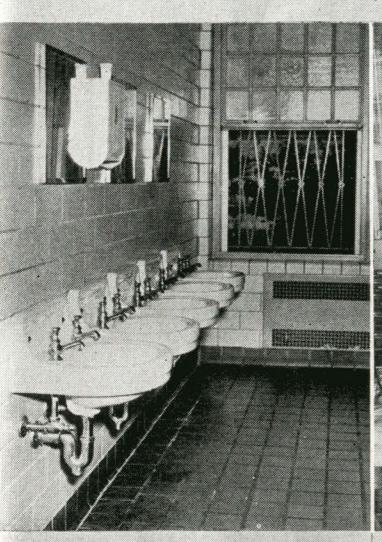
ONLY OTHER WAY OUT

PROPOSED BRIDGE SITE

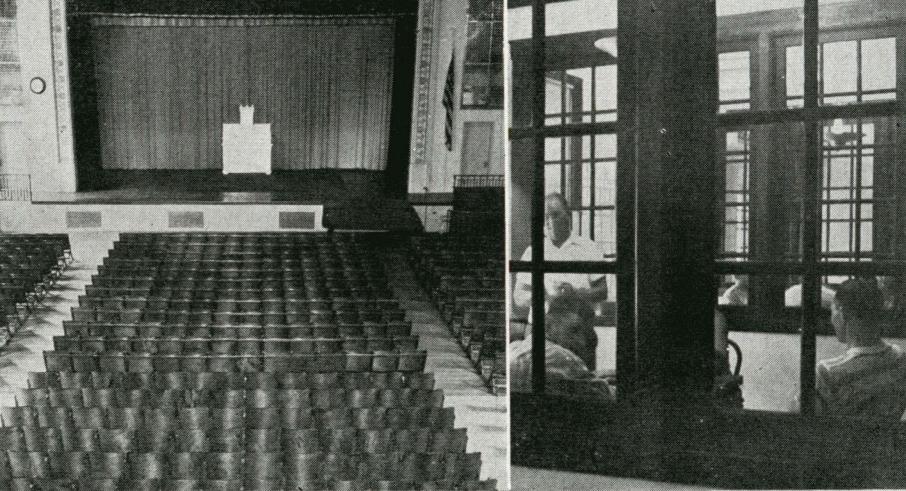
ADMISSION UNIT



SOLID CONSTRUCTION



SATISFACTORY PLUMBING



AMPLE AUDITORIUM



### RETREAT STATE HOSPITAL

LUZERNE COUNTY

supply. The present power plant boilers, now 36 years old, are in bad disrepair, and considered unsafe and hazardous.

The institution affords an example of the general overcrowding of the State's mental institutions, inasmuch as its facilities for housing of disturbed patients is the same today, with a total of 1103 population, as existed when there were only 600 patients.

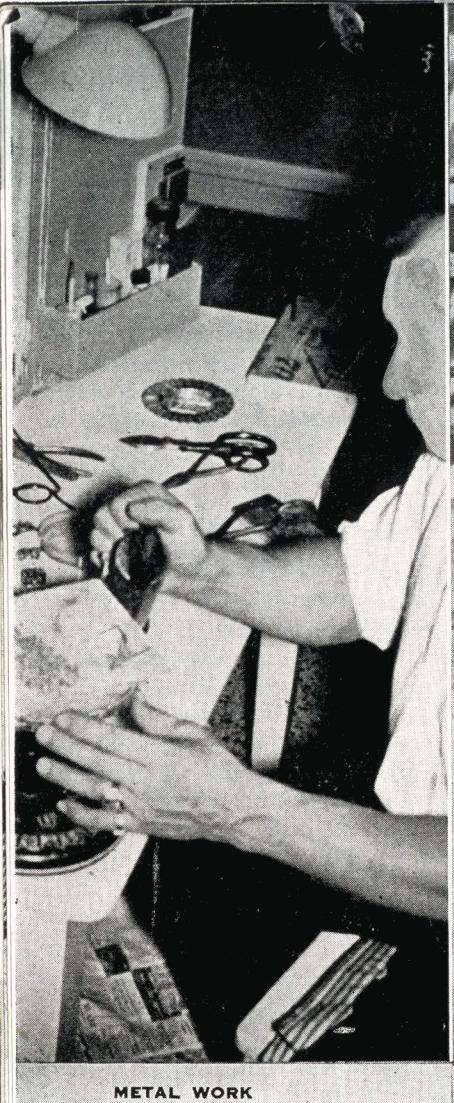
The institution's population now is 31 per cent over its rated capacity.

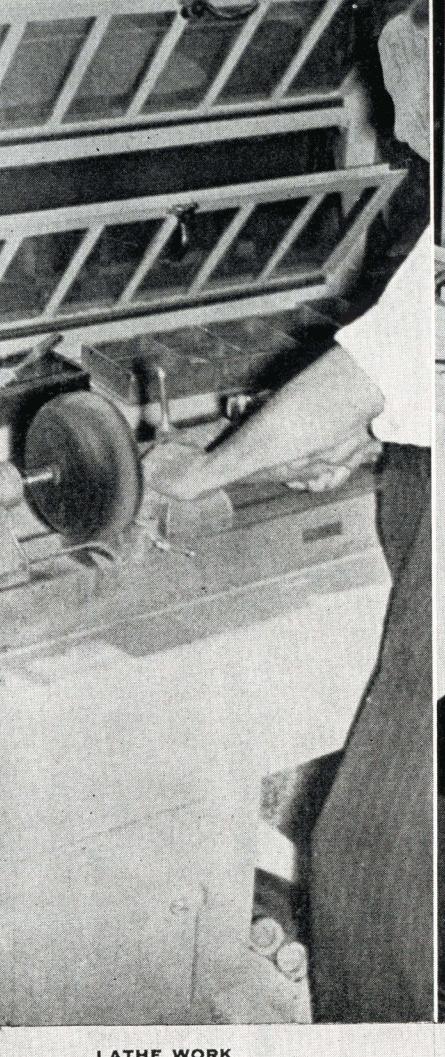
The same general shortage of nurses and attendants is present as in most of the other institutions, although to a somewhat lesser degree. During the year ending May 31, a total of 1222 electro shock treatments were given.

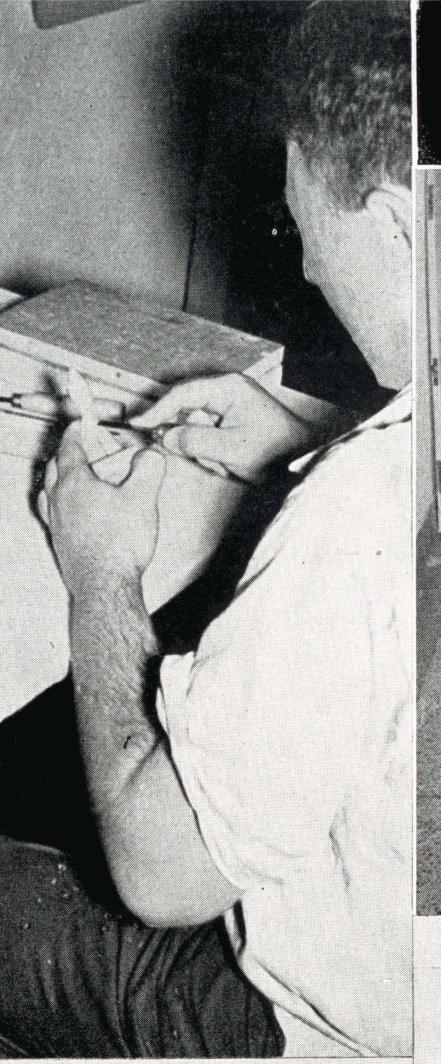
At the present time, 118 patients are on the parole list.

Value of plant is \$2,699,012.

Excellent **Facilities** 







RETREAT

STATE HOSPITAL

LUZERNE COUNTY



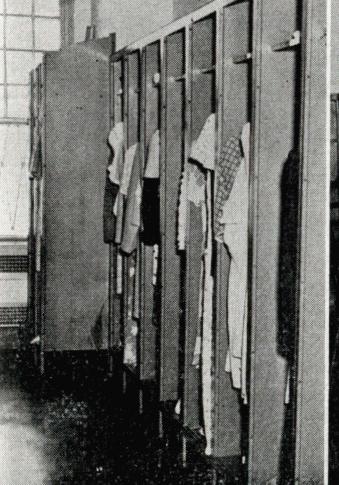
SHUFFLEBOARD

Occupational Therapy

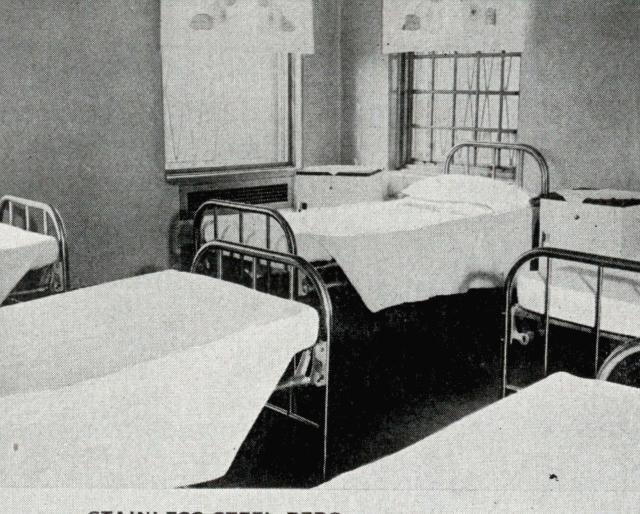
LATHE WORK

WOODWORK

BOUNTIFUL BAKERY



PATIENTS' LOCKERS



STAINLESS STEEL BEDS



COMPLETE RECORDS

EMPLOYEES' HOMES

### RETREAT

STATE HOSPITAL

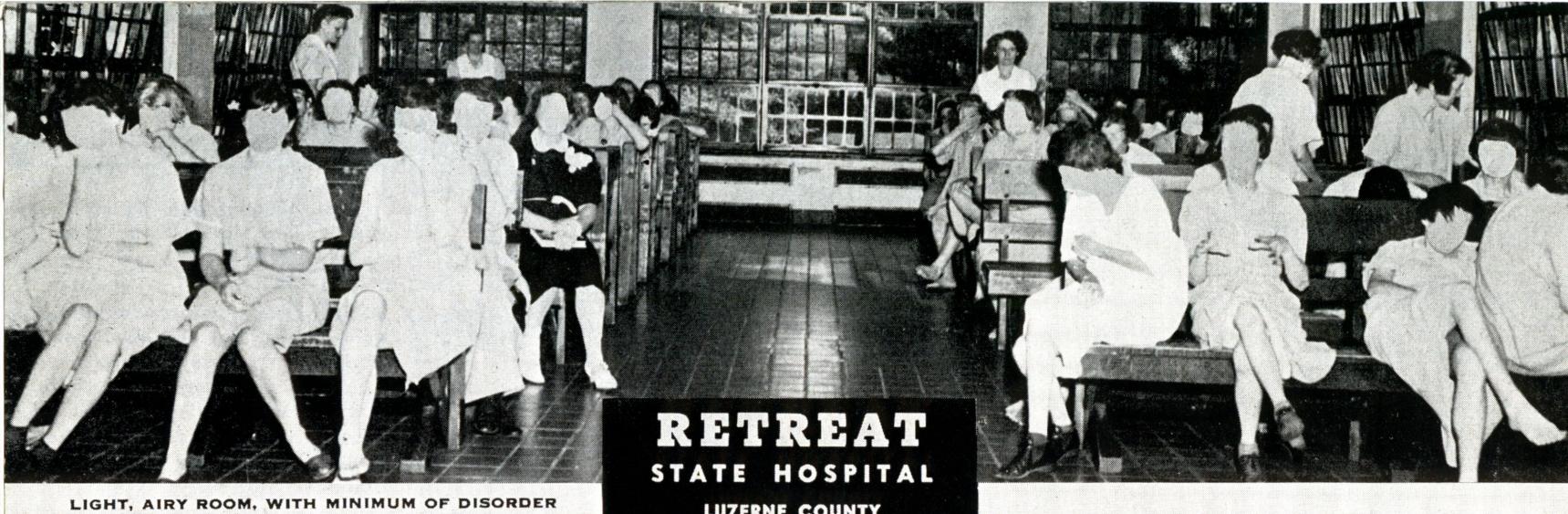
LUZERNE COUNTY

Cost of operation during the year ending May 31 was \$556,-430.54.

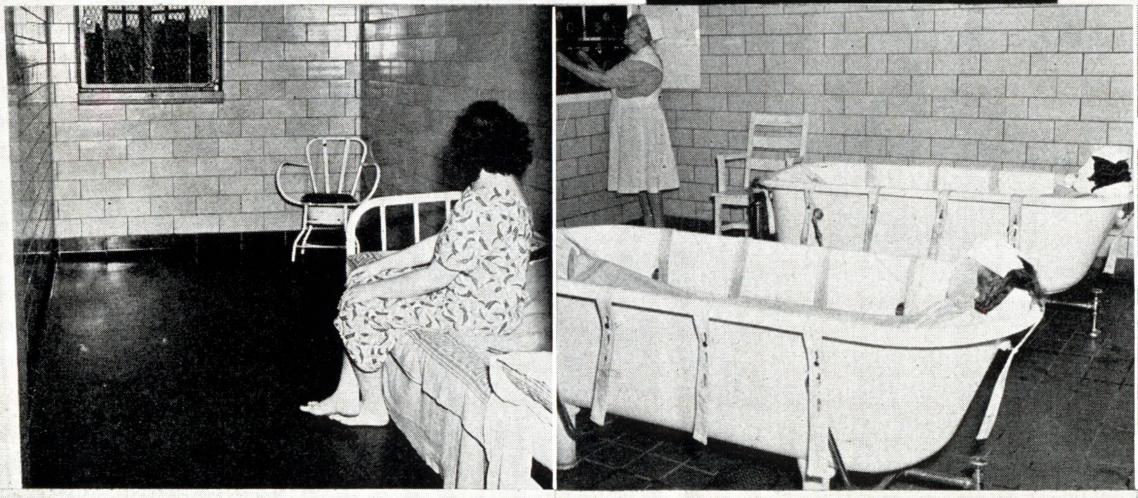
This included approximately \$6000 for operation of the inadequate ferry. Surveys have been made for a bridge over the river from the main highway on the north side of the river. Such a structure would cost \$500,000, but would overcome the handicap of isolation.

Facilities Do Exist

Good Management



LUZERNE COUNTY





HYDROTHERAPY

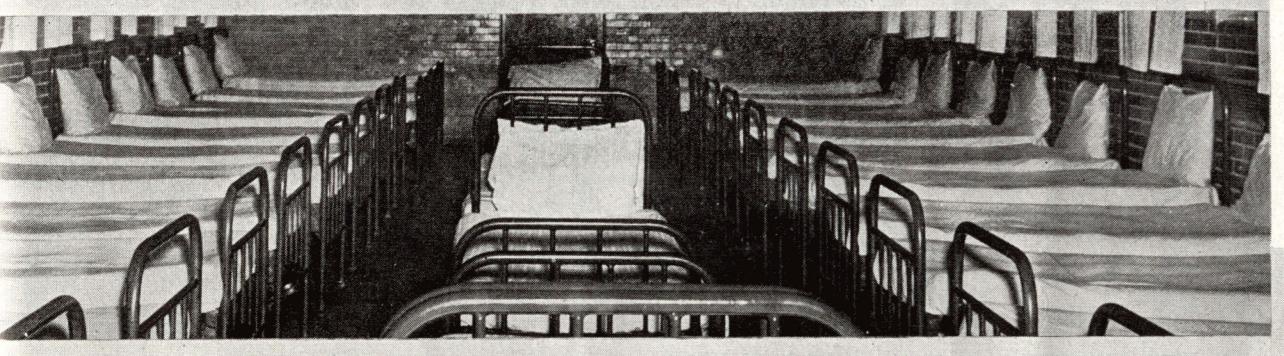


WATCHFULNESS

A COMPLETE ONE-FLOOR COTTAGE



HELMETS-SAFEGUARD IN FALLING SICKNESS



# SELINSGROVE

STATE COLONY

SNYDER COUNTY

The Selinsgrove State Colony for Epileptics, in Snyder County, has 897 patients, of whom 653 are male and 244 female. Admitted during the past biennium was a total of 244 male patients and 44 female patients. Forty-four patients are on parole from the colony.

Although it faces many of the same problems with which mental hospitals are grappling today, Selinsgrove Colony serves the State in a distinctly separate field. It is the only state institution in Pennsylvania devoted exclusively to the care of the epileptic.

Overcrowded, Selinsgrove is unable to admit any more applicants for care. There is a large waiting list.

In studying individual patients considerable use is made of the electroencephalographic machine which traces brain impulses. Recently added to the Colony's physiotherapy equipment was the following: one ultraviolet lamp and an infra red lamp. A technician is

Epileptics Live Here in Harmony

### SELINSGROVE STATE COLONY SNYDER COUNTY

needed to treat patients with these devices.

The Colony's two 500-horse-power boilers are inadequate and contracts have been let for the installation of two 750-horsepower boilers at an estimated cost of \$89,000.

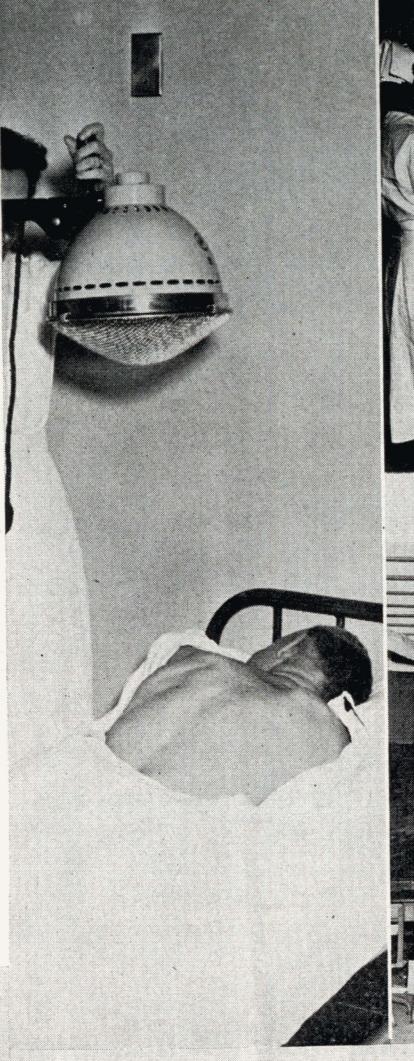
During the summer months the patients engage in outside activities as much as possible in addition to their work. Basketball was played inside during the winter. Movies and dances are held at weekly intervals except in summer.

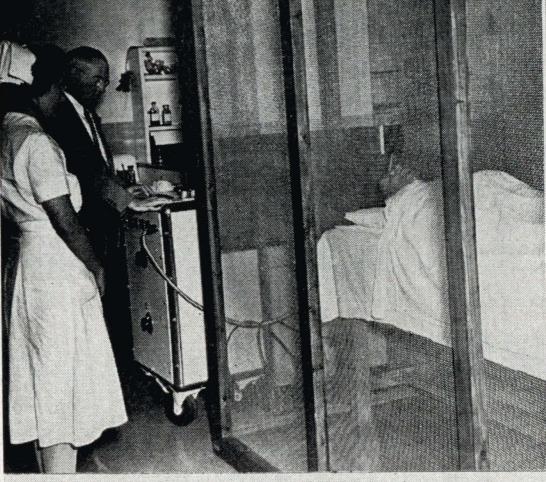
Selinsgrove Colony maintains a school department with an average regular attendance of 30 children from September until July 1. There is a vacancy for a teacher of this school.

Plant value is \$3,603,797.06. Operation for past year, \$376,-401.26.

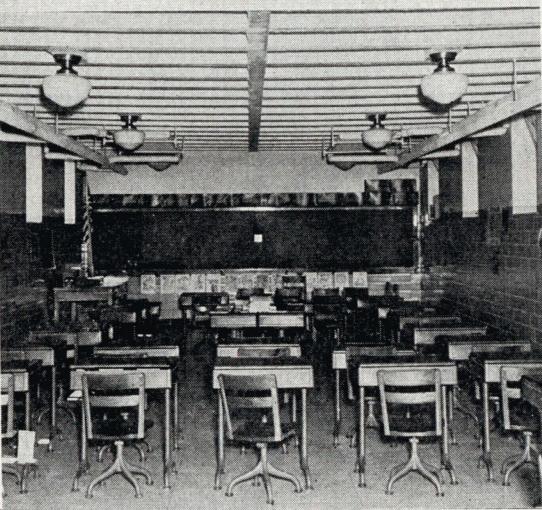
A projected construction program at Selinsgrove would enlarge the capacity of the Colony to 2000 beds at an approximate cost of \$2,000,000.

Well-rounded Care





ELECTROENCEPHALOGRAPH

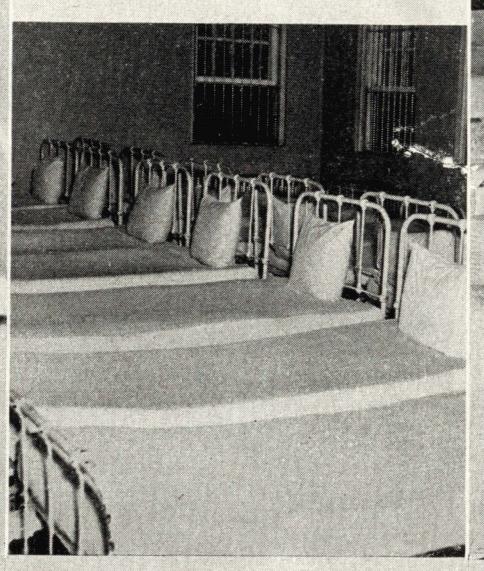




PHYSIOTHERAPY

SCHOOL ROOM

NOT ENOUGH BUILDINGS



NO PRIVACY HERE



### SOMERSET

STATE HOSPITAL

SOMERSET COUNTY

This small institution, with a population of 463 and a parole list of 14, was taken over by the Commonwealth from Somerset County on September 1, 1941.

It has no nursing department or school of nursing, nor has it a social service department.

In the two-year period ending May 31, 1946, the institution used 5,880,000 Oxford units of penicillin in treatment of patients.

Somerset operates its own coal mine and lime quarry. The average coal output of the mine is 300 tons per month.

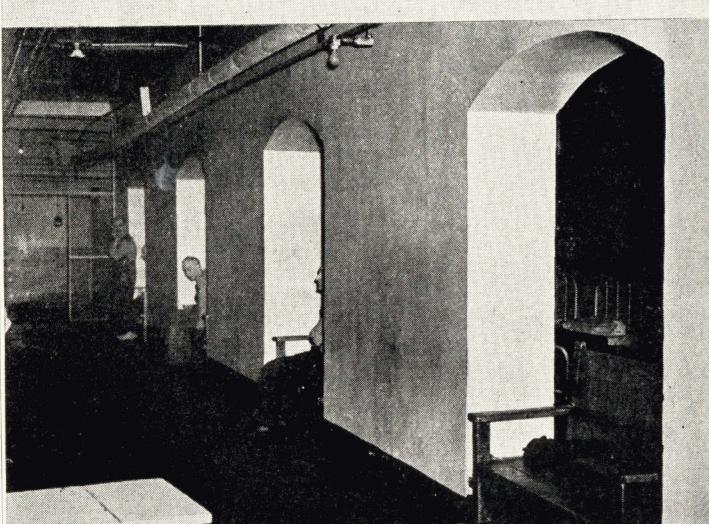
Plant value, \$891,169.85. Cost of operation for past year, \$152,-212.62.

A proposal to supplant the present institution with a modern 1500-bed hospital would entail expenditure of \$7,353,000.

Admissions Stopped



SECONDS SERVED





WHAT TO DO?



RECREATION WITHOUT RE-CREATION

A WARD IN BASEMENT

STAFF CONSIDERS PATIENT FOR PAROLE



SOCIAL SERVICE

GROUP THERAPY

RORSCHACH TEST

### TORRANCE STATE HOSPITAL

WESTMORELAND COUNTY

This institution serves the needs of a million and a half citizens of 11 surrounding counties.

Its capacity is 1670, but its population 2551. It has 395 additional patients on the parole list.

The ward and nursing personnels have been in recent months as low as 40 per cent of minimum standard.

In December, 1943, the Department of Welfare ordered admissions ceased because of overcrowding, but it was found impossible to comply with the order because of urgency of needed treatment.

Seventy-two employes were called into the armed services.

From a complement of 27 graduate and registered nurses, the total reached upon occasion as low as five, and from 200 normal attendant personnel, the number actually employed fell as low as 72. The latter situation, however, improved with the close of the

Planning Efficiency

### TORRANCE STATE HOSPITAL

WESTMORELAND COUNTY

war, 150 attendants being on the roster as of May 31. The shortage of nurses, however, is not being remedied as rapidly.

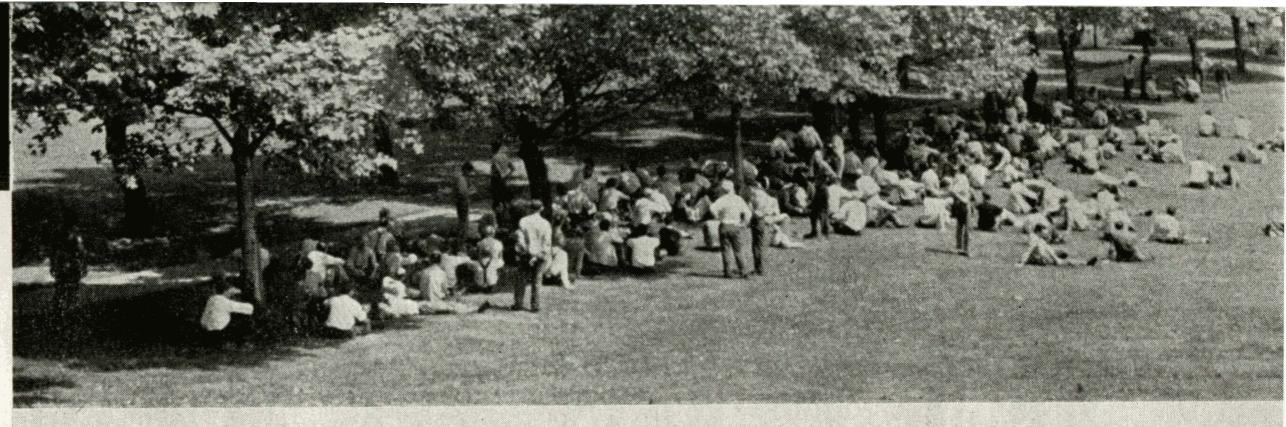
A serious shortage is that of social service workers. The territory covered is wide. Of 839 patients paroled for one year, 308 were returned to the hospital for further treatment.

An immediate program calls for construction of a wing to provide 80 additional beds, and one full floor for disturbed female patients.

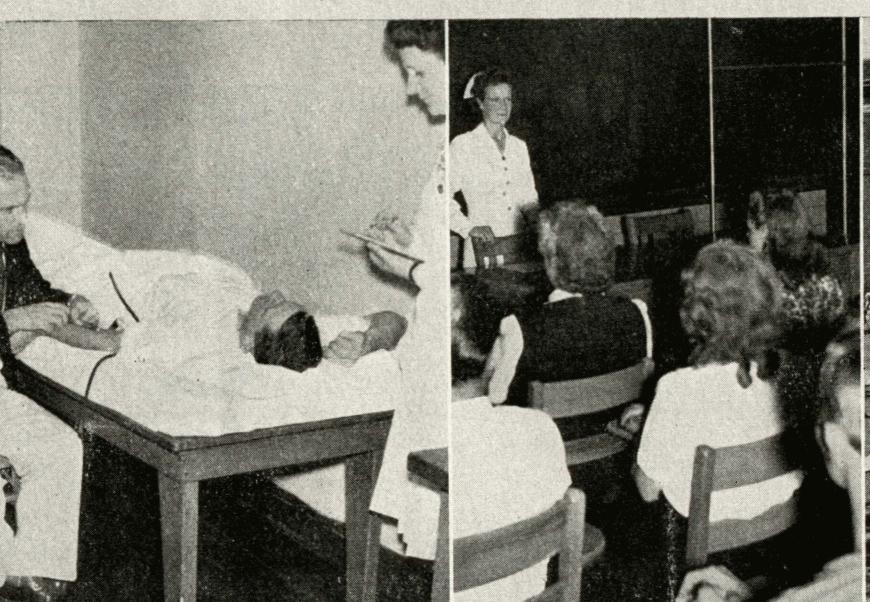
To bring the institution up to capacity of 3200, estimated to meet the requirements of the territory served and end present overcrowding, would entail expenditure of \$7,595,000.

Cost of operation for the fiscal year June 1, 1944, to May 31, 1945, was \$881,429.83, and for the following fiscal year had increased to \$944,263.20. Plant is valued at \$5,038,907.40.

All in the Day



SIESTA-SHADE



TRUTH SERUM

ATTENDANTS' CLASS

GRASS CUTTING EN MASSE



WIELDING THE SCYTHES



### WARREN STATE HOSPITAL

WARREN COUNTY

The institution had a nurses' training school which was discontinued in favor of affiliate training.

Institutional statistics show that seven out of every ten first admission patients may look forward to parole, with exception, of course, to the senile.

Parole studies conducted at the institution prove that whereas ten years ago, 21 per cent of the parole patients returned, the current return rate has been cut to 11 per cent. It has also been established that during the past 35 years, admissions of patients over 65 years of age have increased 300 per cent, while admissions of patients under that age have increased only 50 per cent.

Needed new construction is estimated at \$4,000,000.

Cost of operation for the biennium ending May 31 was \$2,057,047. Value of plant, \$6,-868,324.62.

> Work Brings Restful Nights

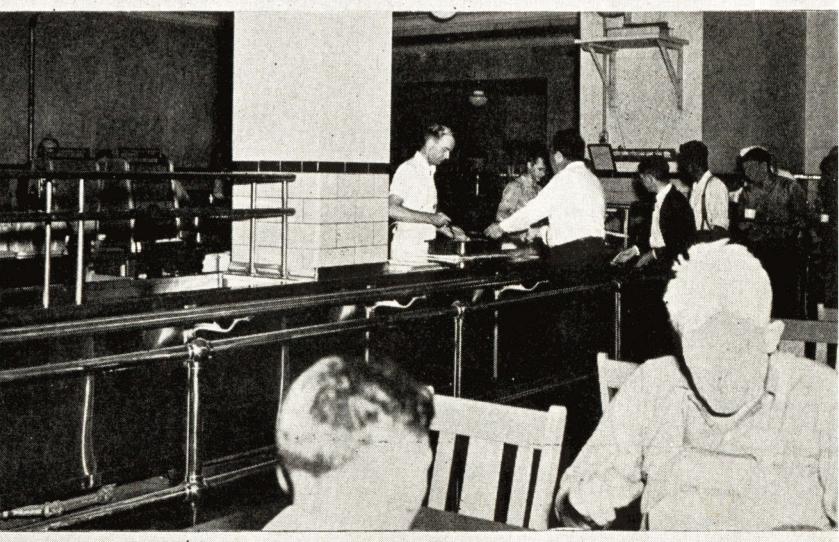


WITH A LITTLE STARCH





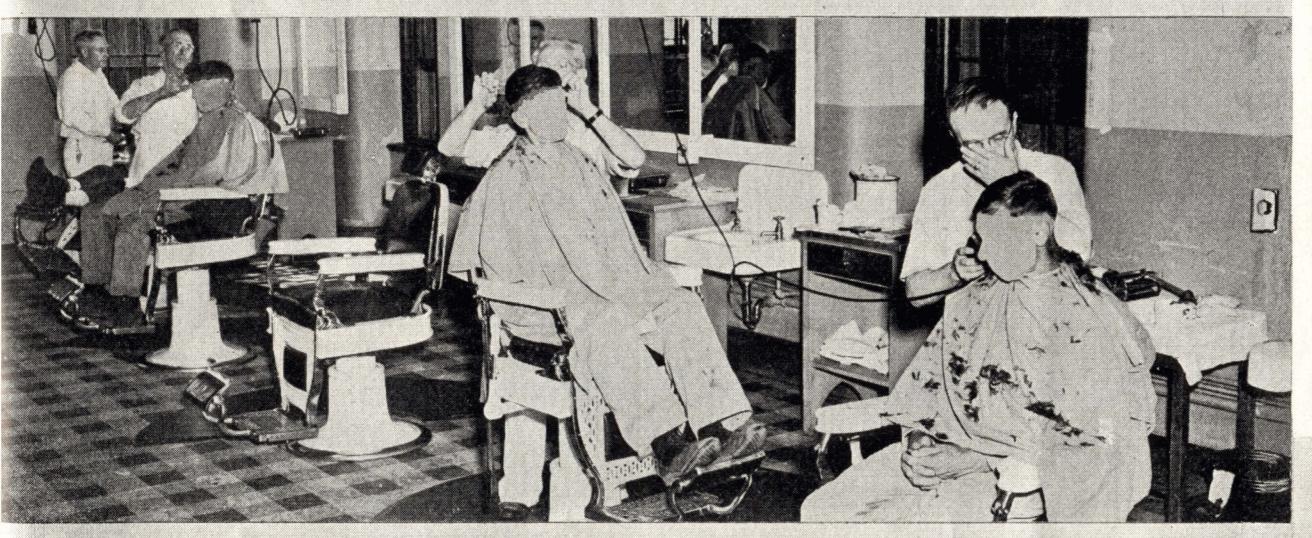
CLEAN AND PRESS



POPULAR CANTEEN

MODERN CAFETERIA

PITCHING HAY



AT THE BARBERS'

### WARREN

STATE HOSPITAL

WARREN COUNTY

This institution serves 13 surrounding counties.

Although its population is 2562, its staff has been reduced to a superintendent, assistant superintendent, clinical director, four physicians, a director of social service, and a psychologist.

The territory it serves is farflung in area, and with 560 parole cases, the social service department carries an especially heavy burden. Despite that difficulty, expansion of the mental health clinic program is being carried out.

The nursing staff comprises a director and an assistant director of nursing, two instructresses, one physiotherapist, eight supervisors, 40 graduate nurses, 217 attendants, and two registered occupational therapists.

A total of 1290 patients are occupied usefully off the wards.

As of May 31, there were 80 authorized positions vacant.

Peace and Comfort

### WERNERSVILLE STATE HOSPITAL

BERKS COUNTY

Wernersville State Hospital for the Mentally III has been in operation since 1893. Its more than two score buildings are situated near the borough of Wernersville, in Berks County, Southeastern Pennsylvania. With a capacity of 1600, Wernersville's patient population is 1851. The hospital lists 284 additional patients as "on furlough." Patients discharged during the past biennium total 520.

The medical staff of this institution consists of the superintendent, assistant superintendent, both physicians, one full-time doctor and four on part-time.

Electric shock treatment is given approximately 75 patients a week at Wernersville with good results reported by the medical staff. Also afflicted with the help shortage problem, Wernersville was forced to close its training school for attendants. It hopes to open the school again soon. At present the hospital is 60 per cent short of its normal staff of attendants; 50 per cent short of nurses.

> In the World of Half Way



GROPING FOR EXPRESSION



THE CAMISOLE

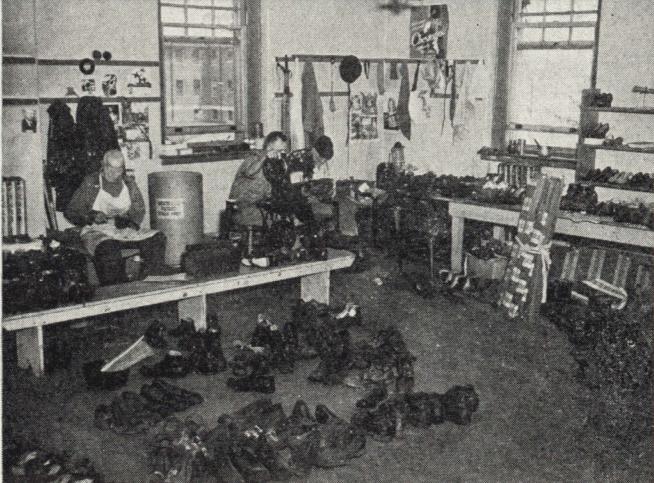


WHY SOME ARE NAKED



THE VACANT BENCH





SHOES TO MEND





### WERNERSVILLE

STATE HOSPITAL
BERKS COUNTY

New construction urgently needed at Wernersville State Hospital included the following:

- 1. A new unit to provide space for 300 beds.
- A new laundry building to accommodate 2300 patients and 250 employes. Present laundry was built 40 years ago.
- An apartment building to provide living quarters for at least five physicians.
- 4. A building to accommodate 50 nurses.

The estimated cost of this needed construction is \$1,800,-000.

In addition to the improvements urged above the hospital officials cite the necessity of renewing steam heating pipes and radiators in three buildings, and replacement of the 50-year-old slate roofs on the original buildings of the institution.

Additional cold storage facilities and a modern fire fighting unit are other necessities of the hospital.

Value of plant, \$4,176,072.56. Cost for past year, \$682,366.58.

> Repair and Refresh

LINE UP FOR DINNER

## WOODVILLE STATE HOSPITAL

ALLEGHENY COUNTY

This institution was taken over by the Commonwealth in June, 1941.

It comprises 960 acres, of which the Commonwealth owns 672, and the county retains title to 288 upon which it continues to maintain the county home.

Patients are taken from Allegheny County, exclusive of Pittsburgh, and mentally ill tubercular patients from both county and city.

The property is valued at \$6,516,765.38.

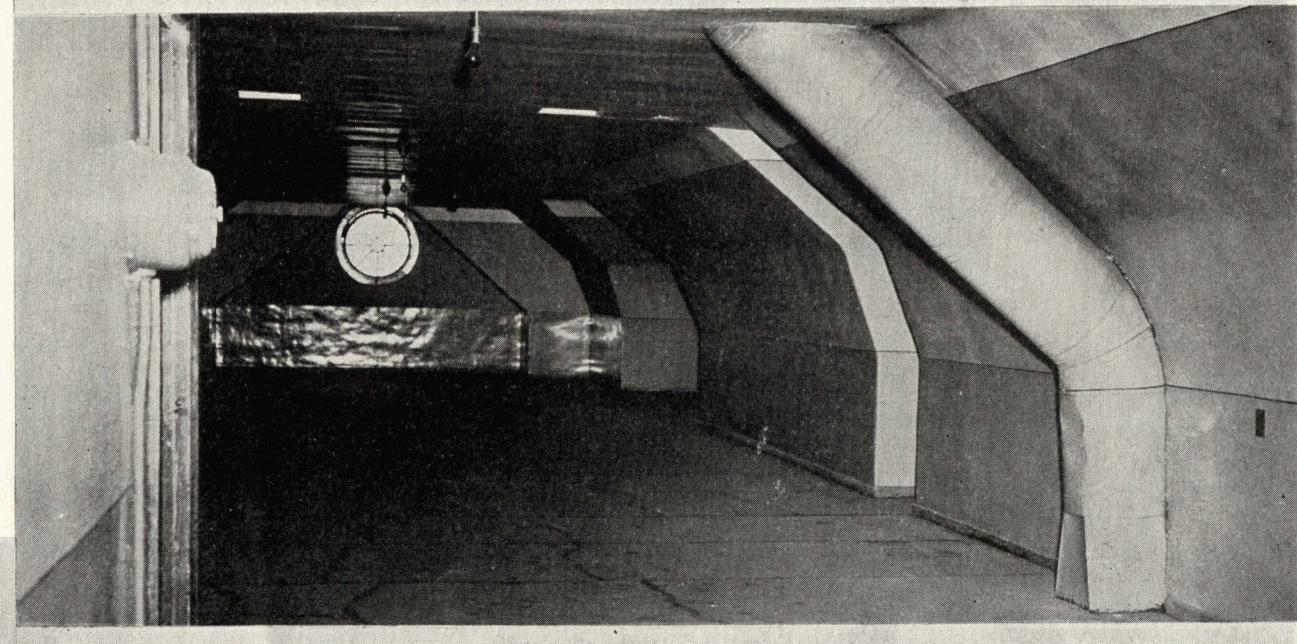
The population of the hospital is 2428, and the bed capacity 1834. Parole patients number 230.

On February 15, 1945, admissions were stopped until the population could be depleted sufficiently to take patients out of a third floor attic deemed unfit for dormitory use. Admissions were resumed the following November 15.

The New, and the Old



MODERN BUILDING GROUP

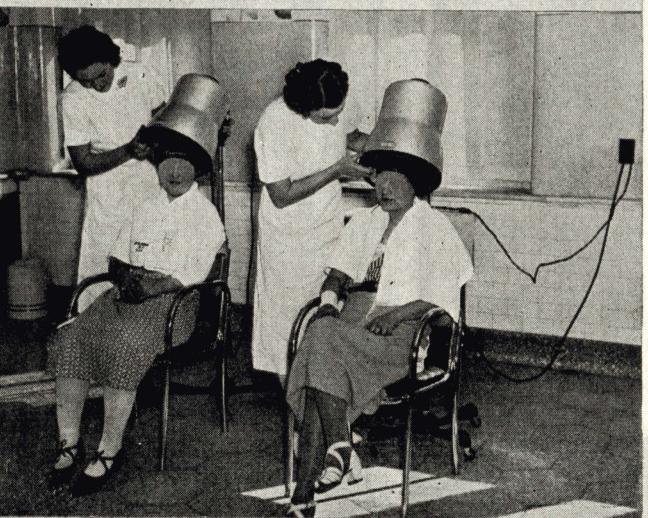


AN ABANDONED ATTIC DORMITORY

CONTENTMENT IN STRINGS



PRIDE IN PRODUCTION



DOING WHAT SHE LIKES

HAIR-DO

# WOODVILLE STATE HOSPITAL

ALLEGHENY COUNTY

Slow improvement of employment conditions is reflected in the fact that during 1944-45 the average was one employe to 6.26 patients, and in 1946 one employe to 5.68 patients. Thirty-one employes left the institution on military leave.

Plans are prepared for construction of a new building for females.

Most of the institution's buildings are of antiquated construction. One building, used to house females, was erected in 1898 and now is completely obsolete; one cottage and one ward built of sheet iron in 1916 have been condemned. The sanitarium was built in 1915 and the building for males in 1936. Most recent construction is one building erected in 1936.

Cost of operation for the year ending May 31, 1946, was \$1,193,215.36.

Forms of Therapy



TECHNIQUE



NURSES' TRAINING



PRACTICAL INSTRUCTION

### WESTERN STATE

PSYCHIATRIC INST.: CLINIC ALLEGHENY COUNTY

With the opening of this institution four years ago, the Commonwealth of Pennsylvania achieved the greatest advance in the battle against mental illness since the first mentally ill patient was admitted to the Pennsylvania Hospital in Philadelphia in 1751.

The Western State Psychiatric Institute and Clinic is an outstanding monument to advanced action in its field. The first four years of its existence were abnormal ones, with acute shortages of materials and manpower. Nevertheless, its beginnings have been auspicious.

The Institute cooperates with the University of Pittsburgh Medical School for clinical instruction in psychiatry, and the School of Nursing for graduate work in psychiatric nursing and administration. By a cooperating agreement with the Presbyterian Hospital and the Magee Hospital, their patients have the benefit of psychosomatic service.

Students of the School of Ap-

A Key to the Future

### WESTERN STATE

PSYCHIATRIC INST.-CLINIC ALLEGHENY COUNTY

plied Social Sciences spend three days weekly at the Institute during the school year. Winter seminars are given at the Pittsburgh Xenia Theological Seminary in pastoral psychiatry. Student nurses attend for three months affiliation courses.

Arrangements have been completed with the Department of Occupational Therapy, College of Education, of the Ohio State University for student training.

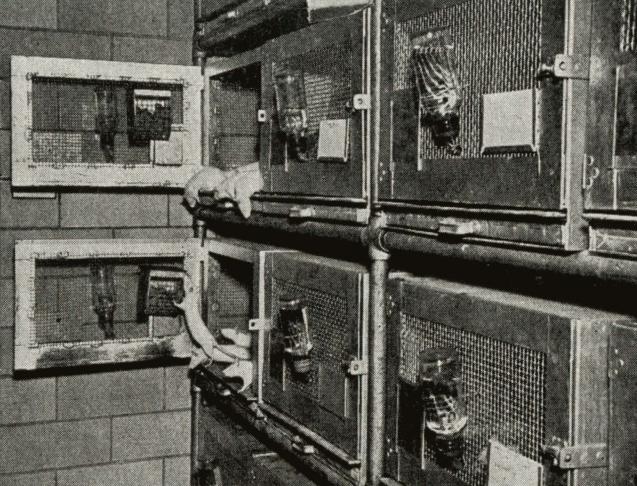
Eight hundred persons took part in the first annual coordinating conference held at the Institute in April, 1946.

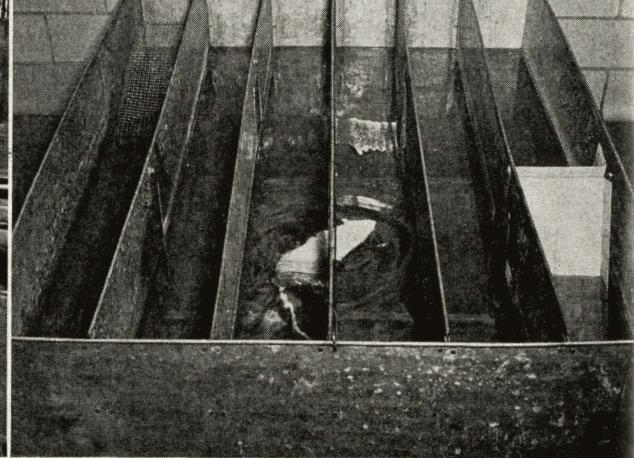
Virtually every therapeutic tactic known is employed, and a research department has been established which will have every facility known to modern science.

With 84 student nurses and four postgraduates in residence, the institution has ample nursing personnel, and one of the strongest teaching programs in the United States.

The library possesses 4824 vol-

Training and Research





RESEARCH DEPARTMENT FUNCTIONING



BEHAVIOR PROBLEMS



INTENSIVE TRAINING



SCIENTIFIC REFERENCE LIBRARY

### WESTERN STATE

PSYCHIATRIC INST. CLINIC ALLEGHENY COUNTY

umes, and is one of the most complete of its kind in existence.

This Institute is unique inasmuch as it selects its patients for clinical study and teaching.

During recent months, the clinical director toured among the various state mental hospitals seeking patients to be sent to the Institute to assure desired types of mental illness.

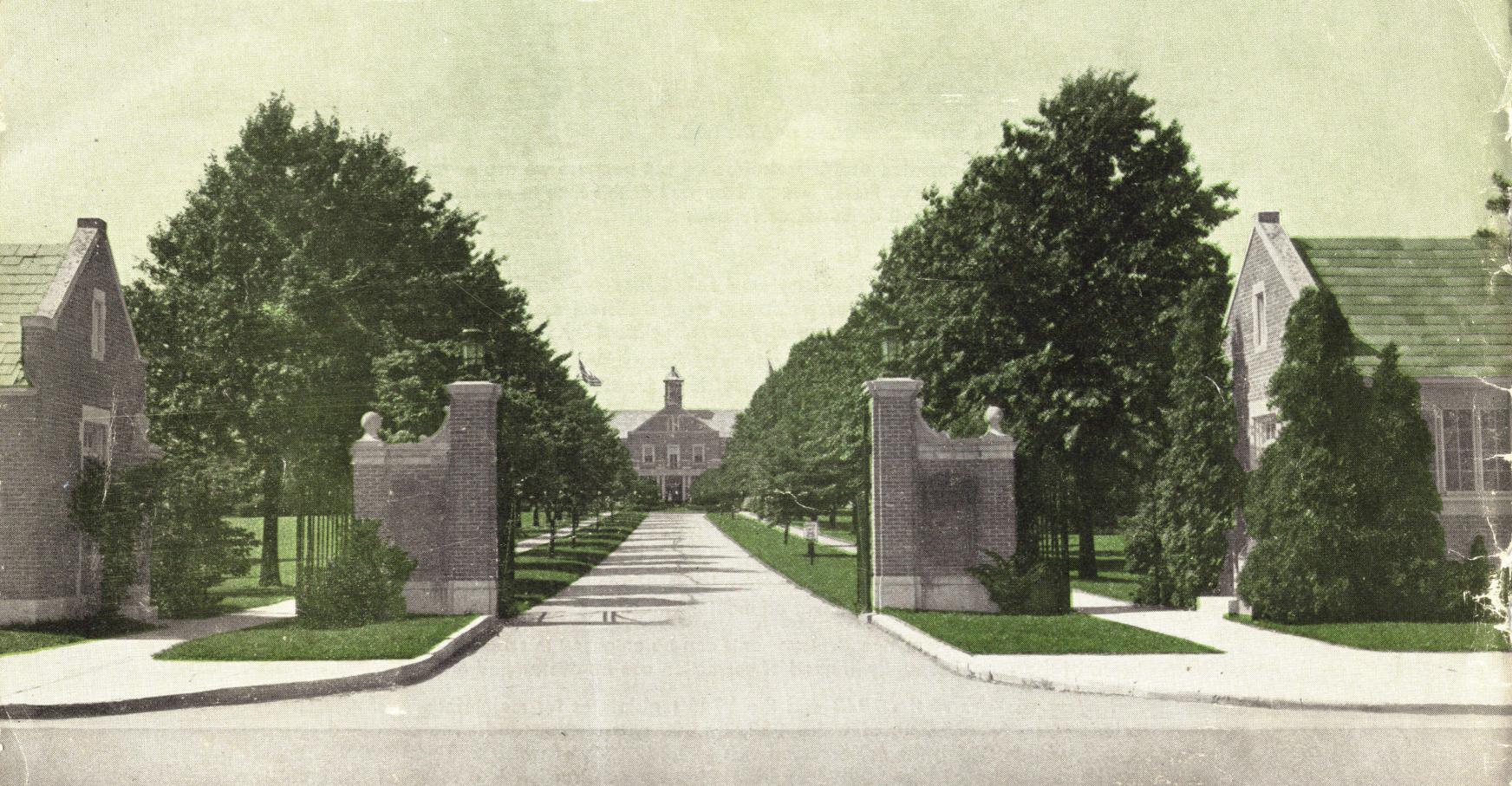
There were 123 patients in the hospital as of May 31, 1946.

The future of the Institute is limitless. It is the key to the future in the field of mental illness and psychiatric study and advancement.

Its aims and purposes are strong development of psychiatric education in all its phases, strong development of psychiatric research, and development of community and professional relationship.

The institute represents an investment of \$2,644,404.16. Operation cost for the past year was \$433,872.51.

**Excellent Facilities** 



# Philadelphia State Hospital

(BYBERRY)